

REGION II
Behavioral Health Board

MONTHLY MEETING MINUTES

October 13, 2016, 1:30 PM

State Office Building – Third Floor Conference Room

website: www.riibhb.idahopublichealth.com

Phone Conference (Call-In) Number: 208-799-4356; code 2100

I. Roll Call, Welcome, and Introductions

Board Members

X	John Allen	X	Beverly Fowler	X	Deborah Lind	X	Taylor Skye
	<i>Vacant SUD Parent</i>	X	Chris Goetz		Joyce Lyons		Laura Thayer
	Scott Douglas		Jennifer Griffis	X	Lisa Martin		Marsha Wilson
X	Eleanor Downey		Dr. Jefferson	X	Elizabeth Patzer	X	Teresa Wolf
	Vacant SD		Mike Kingsley	X	Jim Rehder	X	Joyce Broadsword
X	Tammy Everson	X	Tom Lamar		Cathlin Stewart	X	Tom Stroschein

Others In Attendance: Perri Larson, Carol Moehrle, Cynthia Nunez (Lewiston School District), Darrell Keim, Jennifer Shuffield, Dean Allen, Sharlisa Davis, Jenny T. (Nez Perce Recovery Center) By phone: Rosie, Chrystal, Pat (Division of Behavioral Health), Aaron Darpli, (Optum Idaho).

II. **Approval of March BHB Minutes:**

Motion to Approve– Beverly F. moved and Lisa M. seconded. Board Approved.

III. **Financial Report (Carol M):**

Carol reports in our packets there is an August financial report for review. In this report revenue received from IDHW is reflected. Expenditures to date are \$30,000 – we are right on track with some monies unspent by end of December. Contract runs February – January.

Skye T. moves to accept Financial Report. John A. seconds. Board Approved.

IV. **Region II Advocate for Recovery Reform Project – (Jennifer S for Joyce L)**

Jennifer S presents award to Tom Stroschein for lifelong advocacy for behavioral health. Tom thanks the Board for the nomination and commends the board for advances to behavioral health in Idaho. Tom is encouraged to stay involved because of the cooperative efforts between SUD Treatment efforts and MH efforts. He thanks especially Joyce Broadsword for her involvement in advancing Recovery Centers. He feels the need for recovery support needs to continue to available to our rural communities.

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Jim also mentions that Darrell Keim was nominated and elected as the Recovery Advocate for the state of Idaho. A significant ceremony was put together to honor him. Rosie A. commends Darrell for all his work in BH – particularly for recovery. He is a champion. Tom S. also commends Rosie and others from IDHW-BH for all of their support as well.

V. **DHW Children’s Mental Health Reform Project (YES) – (Pat Martell by Phone)**

Pat refers to the handouts in the packet. There are six incremental steps that are in process right now. The Project Plan has been developed and published to the IDHW-BH website. New CMH System of Care will be in place by May 2020. There is a new brand “YES” – Youth Empowerment Services with new logo (Mountain Bluebird). Pat refers then to the Plan overview. The Settlement Agreement obligates the state to implement a new system of care within four years from date of settlement and then sustain for three years. Partners to this lawsuit are Dept of Education, Dept. of Corrections, and Dept. of Health and Welfare. How are we going to build this system of care? A child can enter the system through any of the above departments or a mental health agency. SAMHSA guides the common philosophy and principles of care that have been adopted by the YES Project. Child and Adolescent Strengths and Needs Assessment Tool – provides a common structure for increased understanding of child and family. This tool will be automated and will provide output which will guide the child and family team in developing treatment plan for the child. The second tool is the Child and Family Team. The practice model is based on six uniform practice components. Pat then lists opportunities for stakeholders to participate, key dates, and contact information.

Eleanor D asks about CANS Assessment Tool – is it one tool? Pat confirms that it is one, it has been researched, is reliable, has been validated and is used in many states and countries.

VI. **Board Member Appointment – (Board):**

Jim addresses the Board application submitted by Cynthia Nunez, Lewiston School District and opens for motion to approve Cynthia for open school district representative board position. Eleanor D moves – Skye T seconds. Motion carries.

Jim reports that we still have a vacancy for a parent of SUD child. Eleanor D states that she may have a candidate – will look forward into it further. Other positions that will require re-application are IDHW position; and Provider of MH Services. We will need to appoint members to these positions in our December meeting.

There are other board positions that will open in December. Tom L. reports that the Idaho Code governs the Board of County Commissioners appoint county commissioner representatives to the BHB. Those positions will be appointed second week of November for upcoming year. Joyce B. states there is a piece of legislation coming forward to remove that language. Tom L also states a commissioner needs to sit on SHN Advisory Board. Teresa W. has stepped down from SHN Advisory Board – a county commissioner will replace Teresa on that board.

Jim reports Public Health will invite newly elected regional legislators to their meeting on Dec 15. He asks the Board to change our regular meeting date to the date Public Health has their legislative

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reception and the legislators will come to the BHB Meeting after the Public Health meeting. The board was agreeable to that plan.

VII. Subcommittee Goals and Objectives Update – (Eleanor)

Eleanor passes around the Needs and Gaps document and summary of sub-committee meeting held earlier this week. The Needs and Gaps document needs to be revised annually. The Planning Council has been asked for standardized Needs and Gaps form.

Eleanor outlines the Needs and Gaps Sub-Committee suggested format for reporting Needs and Gaps. One goal from each sub-committee will be addressed each year. The goals developed by each committee were reviewed by each sub-committee and came up with the list of suggested FY2017 Goals – See document.

Jim asks the Board if they feel the goals are appropriate for moving forward. Eleanor asks Tammy if she as a rep of the ABH feels that coming up with a BHB Communication Plan is appropriate goal. Tammy agrees and asks for others input. Beverly feels that the committee should meet and discuss this suggestion. They will meet before November's meeting. Other sub-committees will also meet prior to next month's meeting and finalize FY2017 goal and will let the Board know.

VIII. IAC Mental Health Summit Outcome -- (Tom L):

Tom L reports that IAC met in September and tacked on a one-day invitation only BH Summit. A number of County Commissioners, Sheriffs, legislators attended. They were presented with testimonies from MH participants who shared with the Summit group what receiving MH Crisis Services (Law Enforcement, Emergency Rooms, etc) is like. Tom L had opportunity to speak about the importance of addressing MH as part of our entire health care system and the need to expand Medicaid coverage and how early intervention is necessary before crisis occur. Tom feels some headway was made in opening conversations about how to move forward. IAC is seeing this as a major issue they want to continue to work on. Tom was hoping there would have been more involvement from the Idaho Hospital Association. There were approximately 50 participants in the Summit. Chris G. also reports there was quite a bit of conversation about the crisis center in Twin Falls. He says their sheriff there reports law enforcement calls for MH Crisis have dramatically dropped. They do feel the 23 hour issue impedes the ability to stabilize some patients. Joyce B states this cannot be changed – it is federal law. Tom L states the legislature wants the Crisis and Recovery Centers to maintain data (standardized metrics) that quantifies improvement in the process and for the patients. Eleanor D. states there are standardized ways of program evaluation. Tom S. reports more than 24 hours throws them into a different category. Beth P. talks about the use of hospital ER's as Crisis Stabilization Unit and how that might be a solution to maintain patients that need more than 24 hour care and for those patients who do not need that level of care would discharge with safety plan within 24 hours. Deborah L. adds there are folks that are looking at Tele-Health for Psych Consult in ER's.

Tom L. will follow up with Dan Chadwick to see what next steps they would like to work toward.

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Sharlisa asks Tom L. if he can address a person that is suicidal that go into hospitals that are not treatment facilities (i.e. Gritman) and are turned away. Tom, Skye and Jennifer S. all state that Gritman does not turn patients away.

IX. CIT Financial Support (Jan 30 – Feb 3) -- (Joyce L and Carol):

NAMI has requested \$1000 for support of upcoming CIT. Darrell has been advised by Carol M they will work to fulfill that request between now and January. Darrell reports the situation has potentially changed – they have a potential benefactor that may possibly fund the entire training. Therefore he recommends that any funding the BHB or County Commissioners authorize be contingent on the need.

Lisa M moves that the Board approve \$1000 CIT funding contingent on need. Skye T. seconds. Board Votes Motion carries.

X. Recovery Community Center Latah/Nez Perce Counties – (Darrell and Jenny):

Darrell reports there is a predictable number of individuals being served each month with 30 – 45 coaching sessions each month. Approximately 150 people attending classes each month. Their Latah Recovery Festival was successful – approximately 75 in attendance with City and County representatives in attendance and making proclamations.

Jen from Nez Perce Recovery Center provides reports. A Fall Festival will be occurring later this month. They are offering several classes. Bev F. asks if the Recovery Center brochure can also highlight SUD treatment. Jenny states they will do that.

Darrell asks Tom S. about status of Recovery Idaho. Tom reports there is a conference call scheduled for the second week of November to discuss future of Recovery Idaho. There is a new Director who has called this meeting. Rosie states a new Director (Norma Jaeger) has also been hired for the Emmet Center. Norma has been developing business models for Recovery Idaho. Tom S. states they are trying to keep it going with no funding from Millenium Fund. Jim asks if they are going to apply again for funding – Tom S. states probably not. There are no new requests for Recovery Center funding. Sharlisa states she has read Norma’s written plan for Recovery Idaho and feels if they are funded, Recovery Idaho can really make a difference in Recovery efforts.

XI. DHW Central Office Updates – (Rosie A):

Rosie A. reports that Oct 13 and 14 the first parent group for YES is meeting. There are parent reps from each region.

Rule changes: Language that requires County Commissioner appointments to boards will be removed. In the SUD program they are working on Safe and Sober Housing. Folks are discharging from State Hospitals with no place to go. A contributing factor is they are sometimes discharged to safe and sober housing but S/S housing does not offer enough structure so they are looking at ways to add structure to S/S housing. First plan is to offer this in Treasure Valley where there is greatest need.

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XII. **BHB Sub-Committee Reports**

CMH – No report

Needs and Gaps – Covered earlier in meeting.

ABH – No report

Housing – Recruiting members for sub-committee.

Tele-Health – Deborah reports that they are working on survey that will gather info about needs/barriers for Outpatient providers as they attempt to access

Crisis Center – Senator Schmidt would potentially be our sponsor and take to Health and Welfare Committee for printing. Needs to go to committee by February.

Nominating – Jim asks about how we should recruit for board members. Chris G recommends that we do a press release about what BHB is and does in efforts to recruit.

By-Laws – No Report

Legislative: Jim reports that two areas of focus are (1) Idaho Solution (2) Crisis Center Joyce B recommends backing (3) Secure Mental Health Facility for Criminally Mentally Ill – hoping to build 20 bed facility. Joyce feels that legislative sub-committee needs to meet sometime in the next month.

Tom L. reports that the day before IAC BH Summit a presentation was made to the Idaho Solution Workgroup. Several individuals spoke advocating for a complete solution to close the insurance gap in Idaho.

Chris G is working with one of Eleanor’s students to put research the issue of transportation for mentally ill in Idaho.

XIII. **Announcements:**

- Sharlisa (Latah County NAMI) is coordinating the NAMI Spring Conference on April 29th in Moscow. She is looking for folks to help her put together this conference.

XIV. **Next BHB Meeting:** November , 2016

XV. **Meeting adjourned at 3:17 pm.**

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