

REGION II
Behavioral Health Board

MONTHLY MEETING MINUTES

November 10, 2016, 1:30 PM

State Office Building – Third Floor Conference Room

website: www.riibhb.idahopublichealth.com

Phone Conference (Call-In) Number: 208-799-4356; code 2100

I. Roll Call, Welcome, and Introductions

Board Members

	John Allen	X	Beverly Fowler	X	Deborah Lind	X	Skye Taylor
	<i>Vacant parent of child with SUD</i>	X	Chris Goetz		Joyce Lyons	X	Laura Thayer
	<i>Vacant, Adult Corrections</i>	X	Jennifer Griffis		Lisa Martin		<i>Vacant, MH Consumer</i>
X	Eleanor Downey	X	Dr. Jefferson	X	Elizabeth Patzer		Teresa Wolf
	Cynthia Nunez		<i>Vacant SUD advocate</i>	X	Jim Rehder		<i>Joyce Broadsword</i>
X	Tammy Everson	X	Tom Lamar		Mike Kingsley		<i>Tom Stroschein</i>

Others In Attendance: Perri Larson, Carol Moehrle, Darrell Keim, Dean Allen, Michelle Bishop and Alayna Gettman (Optum Idaho), Tammy Jeffers (LCSC), Eric Peterson (Nez Perce Recovery Center), Amy Guzman (Dept Health and Welfare) By phone: Chrystal, (Division of Behavioral Health), Sharlisa Davis

II. **Approval of March BHB Minutes:**

Motion to Approve– Tom L. moved and Chris G. seconded. Board Approved.

III. **Financial Report (Carol M):**

Carol reports in our packets there is a financial report for review. Approval has been made for check to be issued to NAMI for CIT Training coming up in February.

Dr. Jefferson. moves to accept Financial Report. Beverly F. seconds. Board Approved.

IV. **Contract Monitoring for Public Health and IDHW – (Carol M)**

The IDHW Contract with Public Health for administrative support to the Region 2 Behavioral Health Board requires quarterly contract monitoring call. The first contract monitoring call is due by the end of December. As of this date the agenda for the monitoring meeting has been finalized. All are invited but the contract monitoring call is specifically for Executive Members.

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V. **Board Member Appointment – (Board):**

Jim leads discussion on appointment of vacant board positions and how vacant positions impact sub-committee membership.

Expiring positions are IDHW position currently held by Laura Thayer, Private BH Provider position currently held by Tammy E., and Law Enforcement position currently held by Chris Goetz. Chris, Tammy, and Laura are invited to reapply

Vacant positions are listed above. Diane Kovach is applying for MH Consumer Rep position.

Tom L reports that vacant County Commissioner positions will be decided at IAC meeting coming up on Tuesday November 15th.

VI. **Idaho Association of Counties-- (Tom L):**

Tuesday morning at 7am an IAC meeting will be held and vacant county commissioner positions to the Board will be appointed.

VII. **Code of Conduct and Conflict of Interest Forms– (Jim)**

Bylaws require Board members sign Code of Conflict and Conflict of Interest forms. Jim presented each board member present with the Code of Conduct form and ask board members to review, sign if you agree, and hand in to Perri. Jim requested that Perri send the forms out to absent Board Members. Carol also mentions for future new Board Members will receive these documents as part of their orientation packet. Carol and Jim have worked together to create an Orientation packet for new board members and make packets available to existing board members during this meeting.

VIII. **Needs and Gaps Progress Report – (Eleanor)**

Eleanor reports three of the five standing committees have formalized their goal for the 2017 year. We are still awaiting goals from Adult Behavioral Health and Telehealth Committees.

Eleanor reminds board that this year we are focusing on 1 goal per sub-committee with monthly progress reports reported to the Board with goal of achieving goal.

Beverly expresses concern over whether or not the R2 Behavioral Health Board can accomplish the goal set forth by the Housing Committee. Eleanor feels meeting the goal set by the Housing Subcommittee is doable and the sub-committee felt it is doable so they need to move the Board forward in accomplishing the goal. Tom L. agrees the approach of actually setting goals we can work on trying to accomplish is better than waiting for some funding stream to come along and setting goals based on funding.

Chris G. reports there are students from WSU and LCSC who are working on developing a plan and funding for transportation of mentally ill patients. Apparently they have come up with options for transportation and funding for those options.

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Jim suggests we speak with our legislators next month to be sure this issue is on their radar as they move into the next legislative session.

Jim also asks if we continue to move on the Closing the Gap issue and if so how we should go about doing that. Chris G states he feels we need to continue to move it forward. Tom L agrees. He also reports in Latah County they might need to increase indigent funding next year to cover those who lose ACA insurance.

Jim asks about the Crisis Center goals moving forward. Eleanor reports the Crisis sub-committee has recommended we finalize our plan for Crisis Center and request funding for FY2018. Eric P. reports Ross Edmunds, IDHW-BH Administrator states that although we missed initial window of opportunity to request funding for this year there is more revenue than expected this year so this year may be a good year to request.

Jen G. reports existing crisis centers are not currently sustainable so work is going on at IDHW-BH to secure ongoing state funding for the centers. Jim states that Region 2 BH Board will work on getting the plan moved forward when we are ready.

Eleanor moved the conversation back to the Needs and Gaps goals. Eleanor states she will work with TeleHealth and Adult Behavioral Health to get the Needs and Gaps document completed.

Tom L. reports he will be on legislative tour with legislators and he will take opportunity to talk about these issues while he has opportunity to be with them.

Jen reports that the Planning Council has created a standardized Needs and Gaps document and is making it available to the Boards to streamline and assist the boards in completing their annual Needs and Gaps reports. Eleanor will plug out existing information into the new format and will bring by January meeting. Jen reports in the future the Needs and Gaps reports will be due the Monday after Labor Day each year. This allows the Planning Council to have enough time to include the info into their report to the Governor.

IX. Recovery Community Center Latah/Nez Perce Counties – (Darrell and Jenny):

Darrell provides new calendar for Latah County events for Month of November. He makes available to the BH Board copies of his monthly report. Darrell also reports their website has been updated and is very user friendly.

Darrell provides the Monthly Report on the Nez Perce Recovery Center. He provides copy of the November calendar and provides copies of their monthly report as well.

Jim asks Darrell about funding for Centers. Darrell reports Latah has funding figured out through December 2017 so they are working on continued funding. Eric reports the Nez Perce County Recovery Center has a sustainability committee. They have collected data and are ready to present cost-benefit analysis to area businesses in seeking support. They are also looking for sources of grant funding. Eric reports that homelessness in Lewiston is having negative impact on the Recovery Center – The Recovery

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Center is seeing an increase in referrals for the homeless population. Eric states they will increase community education to address this issue. They are also looking at a variety of fund-raisers.

Planning Council Report – (Jen G): Thank you to the members of the regional BHBs who participated in the teleconference all with the BHPC during our October meeting. Our members appreciated the opportunity to connect with you and hear about all of the exciting activities happening in your regions!

An updated Gaps and Needs document is made available. The due date for the next Needs and Gaps Report will be September 11, 2017, with continuing due dates on the first Monday following Labor Day each year. Please contact Jen Griffis (jengriffis@gmail.com) or Angela Palmer (angela@kootenarecoverycenter.org) with any questions or suggestions regarding the Gaps and Needs document.

At the recent BHPC meeting in Boise last month members were updated from several partner agencies regarding potential upcoming legislative issues related to behavioral health. A summary of this information will be included in the BHPC's 2017 Legislative Toolkit which will be distributed to the regional BHBs by mid-November.

The BHPC recognizes many of the BHBs have full agendas. While we desire to stay connected with the BHBs we do not want to unnecessarily crowd your agenda with our updates. Please let us know how you would like to receive our updates...in-person from a BHPC member, via email from a BHPC member, or possibly a combination with quarterly reports in person and others via email. Thanks for the feedback!

X. **DHW Central Office Updates – (Chrystal):**

Chrystal reports not a lot of new updates. They continue to work on the YES project. Families have been asked to come to Boise and participate in YES Planning meeting.

Jim asks Laura T about the Suicide Prevention meeting held earlier this week. Laura reports that IDHW received a sizeable grant to roll out best practice suicide prevention tools. Laura states it has been discussed there will be training available for area behavioral health providers. Carol reports public health was at same meeting. IDHW is also including a significant media push to educate and inform the public about suicide prevention.

XI. **BHB Sub-Committee Reports**

CMH – Jen reports that CMH sub-committee established the Needs and Gaps goal. They will identify additional models for providing respite for families in our Region. Because Respite involves potential funding that might potentially come through the Regional Boards. Boards across the State are talking about if and how they want to be involved. Looking possibly like the Boards would contract back with the Department of Health and Welfare to manage and provide that service. Now is the time to consider whether or not that is what we want to do. Jen also reports that the State is in beginning stages of

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changes to the Children's Mental Health system of care but the CMH Sub-Committee will keep the board informed so the board can make decisions on how we want to move this project forward.

Jen also reports that there was a Parent Meeting last month – there were 15 parents who participated. The meeting was exciting from the Parent perspective. This was a time to share with these parents about the YES project.

Needs and Gaps – Covered earlier in meeting.

ABH – Tammy reports that the ABH sub-committee met today and will move forward with working on their goal. The sub-committee will develop a plan for the board to communicate with and educate the public on Adult Behavioral Health issues and concerns.

Housing – Dean reports that the Housing Committee met earlier this week and are sending out survey to providers of behavioral health services to see what housing needs are. There is also some information they are putting together about homeless population – will try to have that info ready for January meeting. They will be meeting with Sojourners in Moscow to see if under their new structure there might be additional beds for MH patients. He also reports that they have possible in-roads to housing solutions for Clearwater County. Tom L asks about other possibilities for housing for Latah County. Dean states there are two organizations they have been in contact with that may have housing possibilities but this has not specifically been addressed by committee. Tom L mentions the housing committee might consider looking at the old Latah County Rehab Center which is owned by Gritman as a possibility for housing.

Tele-Health – Tele-Health is refining their survey, discussing how to get the survey out to stakeholders to find out what the barriers are to providing tele-mental health services in Region 2. Hope to have results back by early 2017.

Crisis Center – Addressed earlier.

Nominating – Covered

By-Laws – Covered

Legislative: Other advocacy issues that continue to come up include Closing the Gap and Transportation for Mentally Ill. What is the role of the legislative committee in addressing on these two gaps? Jim states that advocacy can come from several different directions with legislative sub-committee definitely being a part but members from other sub-committees may play a part as well.

Jen G states that she will get a report out to board at the December meeting to inform us of all the behavioral health issues in play with the Idaho Dept. of Health and Welfare and legislature.

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XII. **Announcements:**

- Darrell K reports that Sojourners Alliance got a waiver from HUD to continue to offer housing. Due to the HUD waiver they will have greater flexibility in who they can serve. They have \$70,000 of \$120,000 raised and are looking at bringing staff back on.
- Paper Tigers is being shown both in Grangeville and at Orofino for teacher inservice.
- There is a second film “Resilience” coming out that deals with the science behind the info shared in “Paper Tigers”.
- Skye shares that a client did a project on the ACE study and will be making a presentation to Moscow School Board to attempt to get the ideas implemented in Moscow SD
- Sharlisa announces that NAMI is working on free conference in Moscow. Sharlisa is putting together a planning committee to help plan the conference. Contact Sharlisa if you’re interested in helping put that conference together.
- Jim: Deadline to apply for vacant and expiring seats December 1 for voting on December 16th

XIII. **Next BHB Meeting:** Friday, December 16th for BHB with legislators

XIV. **Meeting adjourned at 3:17 pm.**

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