

REGION II  
*Behavioral Health Board*

**MONTHLY MEETING MINUTES**

**October 12, 2017, 1:30 PM**

State Office Building – Third Floor Conference Room

website: [www.riibhb.idahopublichealth.com](http://www.riibhb.idahopublichealth.com)

**Conference Phone Number: 208-748-0414; Conference Room Number: 7002#;**

**Conference Pin Number: 7002#**

I. Roll Call, Welcome, and Introductions

**Board Members**

X	Sara Bennett	X	Diane Kovach	X	Lisa Martin	X	Mike Smith
X	Eleanor Downey	X	Kristy Kuehfuss		Cynthia Nunez	X	Skye Taylor (by phone)
	Beverly Fowler	X	Tom Lamar		Elizabeth Patzer	X	Jenny Teigen
X	Chris Goetz	X	Deborah Lind	X	Mike Ponzozzo		Bob Tippett
	Shannen Hotchner	X	Darcy Lodge (by phone)	X	Jim Rehder	X	Joyce Broadsword
	Darrell Keim		Joyce Lyons	X	Jennifer Shuffield	X	Tom Stroschein

**Others In Attendance:** Cindy O'Brien (A to Z Counseling), Brandon McIntosh (SJRMC), Kathy Smolinski (NPC), Teri Rainey (DHW), Todd Hurt (SHN), Jim Crowley (Dept. of Juvenile Corrections), Carol Moehrle (PH-INCD), and Perri Larson (PH-INCD)

**By-phone:** Sharlissa Davis (NAMI)

II. **Approval of September BHB Minutes:**

Motion to Approve: Mike Ponzozzo

2<sup>nd</sup>: Tom Lamar

Passed unanimously

III. **Financial report and funds request form process review (Carol/Perri):**

Carol presented the financial report.

Carol also discussed the new funds request form. It is a fillable form. When you are requesting funds, you need to itemize how the requested funds will be used. You will then turn in receipts to match what was actually spent prior to disbursement of funds. The last page is a list of non-fundable items. This form is being used across the State for the Behavioral Health Boards. Form needs to be completed and approved before the event takes place.

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Jim mentioned that the R2BHB website has been updated with the conference room phone number. Jim recommended that the board members review the website. Jenny T. is still working on the resource guide and it will be added to the website when it is finished.

Deborah commented that her sub-committee is discussing having a place to post information for their committee on the website.

IV. **SHN Update (Todd):** Todd Hurt gave update on State Hospital North. Discussed staffing shortage challenges. SHN has new assistant Hospital Administrator, a new Medical Director, and a new Nurse Practitioner. They are only short one Nurse Practitioner and three Nurses for a full contingent. He also discussed the discharge process.

V. **Opioid video testimonial (Tom S.):** Tom Stroschien – presented a video of Cathy’s story of her daughter’s struggle with addiction and overdose death. It shows what addiction can do to families.

Lisa and Joyce B. discussed Idaho State’s grant for funding for Idaho’s Response to the Opioid Crisis. Chris discussed the challenges of our area with two States and individuals going to each State to get prescriptions. The issue that the prescription database from one State does not show in the other State’s recording system. Kristy mentioned that Nimiipuu does have access to Washington’s system.

VI. **Board positions term expiration/applications (Board):** The Board Roster in the board packets shows the board terms expiring. Board members, who want to keep their position, please get a new application to Perri by November 15<sup>th</sup>. Decision will be made at the December meeting. The six positions expiring 12/31/17 are:

Representative of Juvenile Justice System – currently held by Skye Taylor.

Parent of a Child with Serious Emotional Disturbance – currently held by Shannen Hotchner.

Family Member of an Adult Mental Health Consumer – currently held by Deborah Lind.

Family Member of an Adult SUDs Consumer – currently held by Eleanor Downey.

Adult Mental Health Consumer Representative – currently held by Diane Kovach.

Adult SUD Consumer Representative – currently held by Jenny Teigen.

VII. **Legislation—RCSP pilot project/Overdose prevention law (Tom L/Joyce L/Chris/Beth/Carol):** Tom discussed the RCSP pilot project budget. Our expectation is that funding would start first of the next fiscal year (July 2018) and we would begin setting up the project. The committee is working on the document to provide more details and concept of the project. It was recommended adding a map showing participating hospitals and how many beds in each.

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Discussion held on why this model will work better in our region with the population in our counties. Discussion held on the current process for handling patients requiring inpatient admittance.

### VIII. **Recovery Community Center Latah/Nez Perce Counties (Board):**

Darcy Lodge said they were just at a meeting in Boise regarding the IROC grant. As things progress to add these new services to the Recovery Centers, she will keep the board updated. October 25<sup>th</sup> there will be a barbeque from 4:00 to 6:00 at the Recovery Center. The new location is 838 Main Street in Lewiston. The Center is collecting professional clothing that can be used for the individuals for job interviews.

IX. **DHW Updates (Joyce L/Jennifer S): Updates are in your board packets.** Joyce B. provided an information sheet about the dual waiver proposal being considered to fill the gap or at least address the gap population. It consists of two waivers. One to address the increasing cost of insurance for all Idahoans and the second for people in the gap. First waiver is a 1332 waiver the Department of insurance would request. This waiver would allow Idaho residents who work and file a tax return with incomes under 100% of poverty to purchase insurance from the health insurance exchange and qualify for the subsidy and tax credit. It is estimated that it would take care of 37,000 people of the 50,000 that is considered in the gap population. The second waiver would expand the current Medicaid waiver to cover 7 or 8 critically complex medical conditions. Email Joyce B with any questions.

### X. **BHB Sub-Committee Reports:**

**CMH** – The Youth Mental Health First Aid flyer was included in the board packets. Skye reported it is November 14<sup>th</sup> from 9:00 am to 4:30 pm at the Latah County Courthouse room 2B. The committee is working on a list of community partners that want to be educated on the YES program. They are working on bringing Teri Rainey into these agencies to explain the program. Jennifer S reported that H& W Children Mental Health has filled the open position.

**Needs and Gaps** – Elizabeth reported that she heard from the State requesting a tweak to the needs and gap report. She is working on doing an amendment to add SHN needs.

**ABH** – Jim reported Jenny is working on the resource directory. It will possibly be done this weekend.

**Housing** – Lisa reported that the Oxford house for men opened October 1<sup>st</sup> with another to open in 20 days. There will possibly be a Women and Children's house January 1<sup>st</sup>. Mike S. discussed Portland using construction trailers to help with housing. Discussion regarding finding property

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to set up construction trailers and about tiny homes being a possibility. Tom reported that Latah County would be looking at Syringa trailer court closing soon. This closure will result in more housing issues. Lisa reported a homeless shelter in Lewiston has not moved forward.

**Tele-Health** – Deborah reported the committee is working on a distribution list of providers in region 2. It will be a way to get information to providers wanting information. She stated that this committee is about communication. There is a training for people to attend regarding delivery of service by telehealth. It is Client-Centered Security and Privacy for Behavioral Health Professionals November 10<sup>th</sup> from 9:30 am to 4:30 pm at ISU in Meridian. The Idaho Mental Health Counselors Association website has information and is where you can register.

**Crisis Center** – Already reported.

**Nominating** – Nothing to report.

**By-Laws** – Jim requested that when we next update the by-laws, we look at changing the quorum requirement to 50 % instead of 50% plus 1.

**Legislative** – Joyce B reported that there are proposed legislative changes to the make up of the board. Information regarding this proposal can be found in the DHW update in the board packet.

Jim discussed weighted blankets.

Jim asked Carol to discuss the mental health and you phone app. MHU app was developed in Texas and found to decrease suicides. Cost to purchase and provide in Idaho loaded with Idaho resources is \$28,000.

Teri Rainer reported that there is a Federal texting crisis line 971971. Joyce mentioned there is also one in Idaho through the Idaho Suicide Prevention Hotline.

XI. **Next BHB Meeting:** November 9, 2017

XII. **Meeting adjourned at 3:45 pm.**

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