

REGION II

Behavioral Health Board

MONTHLY MEETING MINUTES

November 9, 2017, 1:30 PM

Public Health Building – First Floor Conference Room

website: www.riibhb.idahopublichealth.com

Conference Phone Number: 208-748-0414; Conference Room Number: 7002#;

Conference Pin Number: 7002#

I. Roll Call, Welcome, and Introductions

Board Members

| | | | | | | | |
|---|------------------|---|------------------|---|--------------------|---|------------------|
| X | Sara Bennett | | Diane Kovach | X | Lisa Martin | | Mike Smith |
| | Eleanor Downey | X | Kristy Kuehfluss | | Cynthia Nunez | | Skye Taylor |
| X | Beverly Fowler | X | Tom Lamar | X | Elizabeth Patzer | X | Jenny Teigen |
| | Chris Goetz | | Deborah Lind | | Mike Ponozzo | X | Bob Tippett |
| X | Shannen Hotchner | X | Darcy Lodge | X | Jim Rehder | | Joyce Broadsword |
| X | Darrell Keim | X | Joyce Lyons | | Jennifer Shuffield | | Tom Stroschein |

Others In Attendance: Justin McLeod (Lewis County Commissioner), Teri Rainey (DHW), Laura Thayer (DHW), Sami Helsley, Alayna Getman (Optum), Antoinette Archambeau (Rising Sun), and Marc Archambeau (Rising Sun).

By-phone: Sharlisa Davis (NAMI), Jody Olson (Optum), and Melanie Fowers

II. **Approval of October BHB Minutes:**

Motion to Approve: Jenny Teigen

2nd: Darrell Keim

Passed unanimously

III. **Financial report (Carol/Perri):**

Carol presented the financial report.

IV. **Rising Sun transition housing (Antoinette):** Rising Sun provides clean and sober living for men and women recovering from drugs and alcohol. The program accepts individuals who have a felony on their record. Sex offenders are not allowed in the housing. They have five locations in Lewiston, three for men and two for women. Individuals can go to risingsunsoberliving.com to fill out an application. They will have to pass a drug test, a breathalyzer and pay \$450 for the first month. Everyone must remain clean and sober. People who work at the housing units for Rising Sun have some experience in recovery themselves and have been in recovery for a long period of time. Most managers work full time for Rising Sun. Management checks on residents at least once a day and once a night. Management carries a breathalyzer and drug test, and they can use

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them as often as they see fit. Individuals do have the choice to take the tests. If they choose not to take the tests, they are told they have to leave until they can provide a clean test to Management. There are currently approximately 65 beds in this area. There are strict guidelines for running safe and sober housing. Rising Sun works with individuals to move them to the next level, a safe and sober apartment. They work with section 8 housing. The next level is not currently available in Lewiston, but it will be the next area to have this next level.

- V. **Optum quarterly report:** Alayna Getman discussed the quarterly report. Report included in board packets. Discussed the Intensive Outpatient Therapy (IOP), which is not yet available in Region 2. Jody Olson will see about having someone report to the board in January on Optum's work on IOP.
- VI. **Board positions term expiration/applications (Board):** There are six positions with terms ending December 31, 2017. November 15th is the deadline for submitting applications. The Executive committee will review the applications and will bring their recommendations to the board in December. Eleanor will not be reapplying. Joyce Lyons submitted her resignation from DHW effective November 30, 2017.
- VII. **Legislation—RCSP pilot project/Overdose prevention law (Tom L/Joyce L/Chris/Beth/Carol):** Tom reported the finalized RCSP budget report has been sent to Ross with no report back yet. Joyce L. reported that Ross has submitted it to the Governor for budget consideration. Tom will follow up with Ross to see if there is anything more we need to do. Discussion held regarding the budget proposal that was submitted. Tom said the next step is to work on the documentation regarding the data. The committee will meet before the next meeting to edit the documentation.

Regarding the overdose prevention law, Darrell and Tom are still working on refining the problem statement.

Mike Kingsley is planning to introduce legislature for 1.5 million for 5 years to fund the Recovery Centers through Recovery Idaho.

Melanie Fowler Region 7 Behavioral Health Board discussed the Accelerated Resolution Therapy Program training for providers in providing care for PTSD and for veterans. The first training session is Feb 1, 2 and 3 in Idaho Falls. Providers taking the training would need to be willing to accept Tricare. She is requesting \$4600 from the Behavioral Health Board to help fund this training. Jim requested that Melanie write up an official proposal request for funding and the actual costs. There was discussion regarding the amount being such a large portion of the

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budget, and who would benefit from the training. Providers can bill for these services so should Behavioral Health Board funds be spent on this request?

There was also discussion regarding requesting funding from the legislature for the mental health and you phone app.

VIII. **Recovery Community Center Latah/Nez Perce Counties (Board):**

Darrell again stated that Mike Kingsley's Legislative proposal would give the recovery centers a 5-year budget stream. The OPIOD grant will provide about \$39,000 for each recovery center, for offering services with OPIOD crisis. Darrell handed out copies of the events for the Latah Recovery Center this month. They are sponsoring a turkey dinner and coffee with a cop.

Darcy report that the Nez Perce Recovery center has a new name First Step for Life. They are a community recovery, reentry, resource center. They are also doing a turkey dinner. A recovery coach training is coming up next week in Lewiston at the Red Lion, November 13 – 18. Individuals can sign up through Recovery Idaho.

IX. **BHPC /DHW updates (Joyce L/Jen G):**

DHW updates are in the packet. In the Legislative proposals there is a change regarding adding a prevention representation to the Board. Also adding a county commissioner in the process of appointing new members to the board or filling positions.

X. **BHB Sub-Committee Reports:**

CMH – No report

Needs and Gaps – Jim will check with Eleanor to see if an updated Gaps and Needs report with SHN information was submitted to the State.

ABH – Jenny is emailing out the resource guide tonight to all of the members. She would like everyone to review and add resource information for local resources.

Housing – There was discussion regarding gathering homeless data. Count the homeless process is coming up. The point in time count will be in January. Lisa said Rising Sun has concerns about safe and sober housing in Orofino in regards to employment being available that would sustain a safe and sober house. She said there was some discussion of a grant for housing or not paying property tax until it is up and running. She reported that a homeless shelter in Lewiston is at a standstill. There was discussion regarding the jail costs around \$65 a day when individuals who can be released have no place to go so they end up staying in jail at the high cost. Oxford house has the first male house open. They are close to opening a women and children house. They are also looking at another male house in about three months. There are approximately ten beds

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available in the first male house. Latah County and Clearwater County are also facing housing issues. Jenny discussed that the felony friendly housing resource list needs to be updated. Darrell has an employee that would be interested in working on updating this list.

Tele-Health – No report

Crisis Center – Already reported

Nominating – No report

By-Laws – No report

Legislative – Already reported

XI. **Next BHB Meeting:** December 14, 2017

XII. **Meeting adjourned at 3:00 pm**

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