

REGION II  
*Behavioral Health Board*

**MONTHLY MEETING MINUTES**

**March 8, 2018 1:30 PM**

State Office Building – Third Floor Conference Room

website: [www.riibhb.idahopublichealth.com](http://www.riibhb.idahopublichealth.com)

**Conference Phone Number: 208-748-0414; Conference Room Number: 7002#;**

**Conference Pin Number: 7002#**

I. Roll Call, Welcome, and Introductions

**Board Members**

X	Sara Bennett (by phone)	X	Diane Kovach		Cynthia Nunez	X	Mike Smith
X	Kathy Connerley		Kristy Kuehfuss		Elizabeth Patzer		Skye Taylor
X	Beverly Fowler		Tom Lamar	X	Mike Ponozzo	X	Jenny Teigen
	vacant		Deborah Lind	X	Jim Rehder	X	Bob Tippett
	Shannen Hotchner	X	Darcy Lodge	X	Teresa Shackelford	X	Joyce Broadsword
	Darrell Keim	X	Lisa Martin		Jennifer Shuffield		Tom Stroschein

**Others In Attendance:** Perri Larson (PH-INCD), Carol Moehrle (PH-INCD), Joyce Lyons, Dean Allen (BPA), Steve Button (SPAN), Teri Rainey (DHW), Jill Trice (DHW), Karen Kopf (Optum), Cindy O’Brien (A to Z Counseling), Cheryl Morton (IBADCC), and Kim Kane (DHW). **phone:** Sharlisa Davis (NAMI), Rosie Andueza (DHW-DBH), and Anne Bloxham (DHW-DBH).

II. **Approval of January BHB Minutes:**

Motion to Approve: Bev Fowler; 2<sup>nd</sup>: Jenny Teigen; **Motion carried.**

III. **Financial report (Carol/Perri):**

Motion to Approve: Mike Ponozzo; 2<sup>nd</sup>: Kathy Connerley; **Motion carried.**

IV. **Idaho Conference on Alcohol & Drug Dependency (ICADD) scholarship consideration (Board):**

Registration for the Idaho Conference on Alcohol and Drug Dependency (ICADD) started March 1, 2018. The Board will again offer two \$500 ICADD scholarships. Joyce Broadsworth asked if Region 2 board members would have priority? Other Regions do give them priority. The scholarships need to be awarded at next meeting.

V. **SUD budget explanation—Rosie/BPA support letter (Board):**

Rosie Andueza addressed the SUD budget questions that were raised at the January meeting. Rosie reported they open up services with a set amount of funds. At the time individuals enter into treatment there is no way to know how long they will require the services. While these

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individuals are receiving treatment, it ties up funding for adding any additional individuals. Rosie discussed APR funding ended and the clients who were still receiving services were moved to the SUD budget. The individuals who were moved over needed treatment longer than had been anticipated. This did put a strain on the regular SUD budget. The demand was higher than they had anticipated. Because of this higher demand, they had to stop taking on new individuals until they knew how long the individuals would require funding for treatment. They are watching the budget very closely to monitor when they will be able to accept new referrals for treatment. Bev Fowler questioned why a supplemental requested was not completed in November. Joyce Broadsword stated the SUD budget was a set amount and there was no supplemental funds available. Bev asked what kind of safe guards are in place to keep this from happening again. DHW is planning to put in a budget increase for the base budget next year. Rosie reported they still have funding for IROC (Idaho Response to the Opioid Crisis) for opiate abuse disorder. Kathy Connerley asked that when acronyms are used to explain what they mean. As these acronyms are not known to someone new to the Board. Joyce Broadsword said that DHW has a list of acronyms. Jim would like the list acronyms added to the new board member packet.

Jim presented the BPA support letter for board approval. There were no objections from the board to send letter.

VI. **Kinney Vento Homeless Assistance Act presentation (Cynthia):** This agenda item was moved to the April meeting as Cynthia was not able to attend the meeting today.

VII. **Question, Persuade, Refer (QPR) training (Suicide Prevention) (Steve Button/Cynthia):** Steve Button presented on SPAN (Suicide Prevention Action Network of Idaho). SPAN holds events to promote suicide awareness such as awareness walks. The current event was Eyes of Freedom a Veteran memorial honoring Veterans dealing with PTSD. He discussed the data from the Suicide in Idaho: Fact Sheet. This included the Youth Risk Behavior Survey, which is not done at all Idaho schools but at selected ones. Steve passed out a brochure on a conference at LCSC April 20. The conference is Rural Mental Health: Understanding and Overcoming Obstacles for Effective Treatment. Registration deadline April 13. To register go to [www.eventbrite.com](http://www.eventbrite.com). Steve discuss the QPR Gatekeeper training program, which can be provided by SPAN. QPR is question, persuade and refer. Joyce B. discussed the benefits of this training. She asked Steve if SPAN is going to gun shows and giving out gunlocks, which is being done in Region 1. Steve says Region 2 has done some of this. Lewiston school is training students and staff in the QPR Gatekeeper training. Joyce reported Region 1 received a grant to train the trainer on QPR Gatekeeper training. Jim asked the Board for someone to consider taking the lead on finding a grant like this for Region 2.

The Idaho Suicide Prevention helpline is 208-398-4357, you can call or text. The text line is staffed Monday through Friday. The National hotline is 800-273-5277 (talk). If you call from your phone number, which has an Idaho area code, the National hotline will send you to the Idaho Suicide Prevention helpline.

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### VIII. **Suicide Prevention Program (Kim Kane):**

Kim Kane is the program manager for the Idaho Suicide Prevention program, which has been going for about 1 1/2 years now. The Suicide Prevention program provides funding for the hotline and funding for youth suicide prevention. Funding also is for a public awareness campaign. They will be measuring the effectiveness of the public awareness program. This campaign is intended to normalize reaching out and helping someone as comparable to the drunk driving campaign friends don't let friends drive drunk. This campaign played a big part in preventing drunk driving. This funding also provides training in schools. The program is Sources of Strength in the middle schools, high schools, and colleges. The Good Behavior Game Program is provided in 1<sup>st</sup> and 2<sup>nd</sup> grades. Dean asked which schools in our region have this training. Kim said she knows Potlatch and Lapwai schools have been trained. Steve stated Sacajawea and Jennifer have applied for the grant. Information about the Sources of Strength program can be found at [sourcesofstrength.org](http://sourcesofstrength.org).

### IX. **Legislation—RCR project/suicide prevention phone app (Tom L/Chris/Beth/Carol):**

**RCR project has passed JFAC.** RCR project funding is moving forward. The soonest the funds would be released is July 1, 2018. The Committee will be working on a time line to have things ready to go when the money is released. Legislature has included funding for only 6 months.

Jim discussed the suicide prevention phone app. MHU app (Mental Health and You) is mental health app. MY3 app is suicide prevention app. There was discussion regarding the one time funding fee to add Idaho information to mental health phone app, MHU. Karen Kopf asked Carol to send her information regarding the one time fee for the mental health phone app as Optum's community reinvestment fund might be able to help with funding.

### X. **Legislative priorities confirmation/Nomination Subcommittee chair approval (Board):**

Jim presented the list of legislative priorities for the Board:

1. RCR
2. Medicaid Expansion
3. Recovery Centers financial support
4. Overdose Prevention Law
5. Suicide Prevention Phone app
6. Accelerated Therapy Program presented by Melanie Flowers

Jim asked if there were any objections or comments to this list of legislative priorities. There was none so the legislative priorities were accepted.

Chris Goetz submitted his resignation to the board today by contacting Jim. With his resignation, the Law Enforcement Officer position on the Board is now vacant. This also leaves

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the Chair position for the Nominating Committee vacant. Jim asked the board to appoint Mike Ponozzo to this Chair position. Motion made by Bev Fowler; 2<sup>nd</sup> by Lisa Martin; **Motion carried.**

Mike will submit a slate of officers in May and election of officers will be in June. Officer positions are Chair, Vice Chair, Secretary, and two At-Large positions for the Executive Committee. Mike requested anyone interested in these positions to contact him.

XI. **State BH Planning Council annual report review (Board):**

Jim discussed the Region 2 section in the State BH Planning Council annual report. The Region 2 information in the report was not substantial when compared to the information on other Regions. Joyce Broadsword stated the information is taken from the Region's Needs and Gap report to the State. It was discussed to have someone from Region 2 have more input to the information for the report next year.

XII. **Recovery Community Center Latah/Nez Perce Counties (Board):**

Darcy Lodge reported that Recovery Idaho is going to contact a private foundation for funding. She asked if the Board would agree to be listed as a support in the funding application. There was no opposition from the Board. First Step 4 Life is having a Stand Up 4 Recovery Fundraiser March 30 at the Lewiston Elks. It will include dinner and a stand up comedian. Joyce Broadsword said that Region 1 had discussed approaching Optum for some funding for recovery centers.

XIII. **BHB Sub-Committee Reports:**

**CMH** – Teri Rainey gave an update on the YES program.

**Needs and Gaps** – No report.

**ABH** – Joyce Broadsword provided a handout on the first annual Idaho Integrated Behavioral Health Conference April 16-18. Registration is \$25 and is at St. Luke's Anderson Center in Boise.

Karen Kopf reported Optum is holding a meet and greet April 5 at the Clearwater Casino on Integrated Behavioral Services. Email Karen to register.

**Housing** – Lisa reported Oxford House opened a women and children's house in Feb. It has eight beds and is here in Lewiston up by Camelot school. We are down one male house with Rising Sun because the house is up for sale. They are working with BPA for State funding for Oxford House and Blue Mountain Veteran housing.

**Tele-Health** – Deborah Lind reported the second in the series of telehealth training is scheduled for April 13 at ISU campus in Meridian from 9:30 – 4:30. The training is geared toward helping

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professionals engage in telehealth treatment. Dean discussed training being held in the Northern Hub. It is possible if there is enough interest so they could break even to bring training north. It would be 2 sessions about 4 or 6 months apart. There is movement through the SHIP grant to develop a statewide platform for providing telehealth services. Optum has a telehealth training but it is not available to midlevel providers at this time. The training might be available to midlevel providers in this next year. BPA is also looking at possibly providing telehealth training for midlevel providers.

**Crisis Center** – Previously reported.

**Nominating** – Previously reported.

**By-Laws** – No report.

**Legislative** – Joyce reported last State budgets would be set tomorrow by the legislature. Ann Bloxham discussed Division of Behavioral Health (DBH) talking points that were included in the board packets.

**Additional Discussion:** Jim reminded Board members about the monthly Leadership conference calls. Board members scheduled for a month when the meeting is cancelled are moved to a substitute position. When you are the Board representative on the Leadership conference calls, come to the next board meeting ready to report to board.

Bev Fowler reported the break the stigma event at the church on Appleside was very uplifting.

Karen informed the Board there is a YES page on the optumidaho.com website. It is under the tab for Network Providers and is YES FAQ.

Sharlisa Davis reported a NAMI conference would be in the Wood River Valley area.

XIV. **Next BHB Meeting: April 12, 2018**

XV. **Meeting adjourned at 3:45 pm.**

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