

# REGION II

## *Behavioral Health Board*

### Subcommittee: ADULT BEHAVIORAL HEALTH MINUTES-CORRECTED

Date/Time of Meeting: 12:15 PM AUGUST 8<sup>TH</sup> 2019

Location of Meeting: 1118 F Street, Lewiston – State Office Building – 3<sup>rd</sup> Floor Conf Room

Call in: 208-799-4356, code 2100

website: [www.riibhb.idahopublichealth.com](http://www.riibhb.idahopublichealth.com)

Attendees:

|   |                    |   |              |   |                    |  |  |
|---|--------------------|---|--------------|---|--------------------|--|--|
|   | Teresa Shackelford | x | Jim Rehder   |   | Shari Kuther       |  |  |
| x | Bev Fowler         |   | Jenny Teigen |   | Mike Ponozzo       |  |  |
| x | Dean Allen         |   | Sara Bennett | x | Jennifer Shuffield |  |  |
| x | Tammy Lish-Watson  |   | Tom Lamar    |   |                    |  |  |
| x | Todd Hurt          | x | Diane Kovach |   |                    |  |  |

Agenda

Meeting Minutes  
Discussion/Outcomes

Meeting Called to Order, Roll Call:

Approval of last meeting minutes (**Action Item**)

Minutes were lost due to technical difficulties.

Topics to Discuss:

1. Co-chair (**Action Item**)
2. Medicaid Expansion Update – DBH
3. BH Stakeholder Meetings coming up
4. Assignments for tackling N&G (**Action Item**)
5. Comments/discussion

**CIT:**

Dean Allen reminded the team of the items discussed during the last meeting. He reported a discussion took place regarding the facilitation of CIT in segments, rather than as a full week. He also discussed the potential of using video for scenarios or offering some content online. Beverly inquired why the costs related to CIT is so high. Todd identified the costs are related to venue, food, snacks, and presenter fees. Regarding CIT, Todd recommended we look into bringing in Aaron Schreiber (Nampa Police) as a speaker for CIT. According to Todd, Officer Schreiber is pretty effective in helping with CIT training and has some good experience in using CIT responses on duty. He also has body camera footage which shows him engaging in the CIT skills which he shares during this training. Todd also mentioned Brian Caldwell as a possible trainer.

**Co-Chair:** Tami Lish-Watson- was unanimously nominated to take on this role.

**Medicaid Expansion:** Todd provided an update on Medicaid Expansion, he discussed recent changes in providers

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including the closure of Sequel Alliance Family Services. He reported that Ambitions, an agency in Region 1, has taken a lot of the Sequel Alliance Region 1 clients and wondered if they would be willing to expand into Region 2.

Regarding the Sequel Alliance closure, Beverly outlined some of the difficulties agencies experience in their efforts to stay in business and in working with Medicaid. She also expressed concern regarding agencies not being allowed to participate in state-based training, such as ethics trainings. There was some confusion about the trainings Beverly was referring to and she clarified that she had a conversation with former DHW leadership regarding participation in training, but was told she could not attend. Jennifer and Todd clarified that in-house trainings are typically part of all staff meetings. Beverly expressed feeling that DHW's relationships with outside agencies has not been very collaborative and funding of behavioral health agencies needs to improve to sustain Medicaid expansion efforts. A discussion regarding the role of the department as a mental health authority took place and ideas were shared about how this could progress.

**Stakeholder meetings:** Todd described upcoming stakeholder meetings as a follow up to the Beacon meeting which took place several weeks ago. These are intended to be "fireside chats" between stakeholders and the department; the first meeting is scheduled for Thursday August 15<sup>th</sup> in Grangeville. Todd discussed that we have a new DAG, Floyd who is reaching out to the various county prosecutors.

**Needs and Gaps:** Todd expressed a need to identify, or develop housing options for individuals who are being discharged from the hospital. Currently very few resources are available for these individuals which leads delayed discharges from SHN. Beverly expressed that a day treatment model would be nice to have. Todd mentioned that a partial hospitalization has been used in some areas. The group agreed that this need fits better with the housing

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subcommittee than with AMH, it was agreed that a discussion with Lisa, the house committee chair should be initiated. Todd talked about how many clients seen at the hospital are dual need with substance use issues as well as mental health needs.

Jim reports that needs and gaps will not be addressed today at the BHB meeting due to not having forms. He facilitated a discussion to identify the group's top priorities:

Top priorities:

Building capacity and support for agencies to serve current and new clients

Getting rid of meth/opioids

Building a crisis team to respond to a person's home

Encouraging family involvement in the process

Prescribers which are readily available

**Comments and discussion:**

Dean Allen asked about working with adolescents. He referred to a specific case regarding a youth who was almost 18 and the lack of resources for acute behavioral health hospitalization. Behavioral health resources for teens were discussed as was lack of availability of acute hospital beds for this population.

**Next Meeting**

Date/Time: September 12, 2019 at 12:15pm (Public Health)

**Meeting Adjourned**

Time Meeting Adjourned: 1:15pm