

REGION II  
*Behavioral Health Board*

Website: [riibhb.idaho.publichealth.com](http://riibhb.idaho.publichealth.com)

**MONTHLY MEETING MINUTES**

**November 14, 2019-- 1:30 PM**

Public Health Building – First Floor Conference Room

**Conference Phone Number: 208-748-0414; Conference Room Number: 7002#;**

**Conference Pin Number: 7002#**

I. Roll Call, Welcome, and Introductions

**Board Members**

	Sara Bennett	x	Darrell Keim	x	Lisa Martin	X	Jenny Teigen
X	Lisa Bomley	X	Diane Kovach	X	Mike Ponzozzo		Glenda Thomson
X	Megan Comstock	X	Shari Kuther	X	Jim Rehder		
	Kathy Connerley	x	Kathie LaFortune	x	John Rusche	x	Dean Allen
x	Beverly Fowler		Tom Lamar	x	Teresa Shackelford	X	Todd Hurt
	Chris Goetz	x	Deborah Lind	x	Jennifer Shuffield		
	Sharlene Johnson	x	Tammy Lish-Watson	x	Skye Taylor		

**Others in Attendance:** Shayne Aguirre (BPA), Joyce Lyons, Stacey Rosecrans (Recovery Center, Southern Idaho), Stephanie Biedman, Perry Larsen. Carol Moehrle, Joshua Gartrell (Tri State), Tammy Everson.

**By Phone:** Skye Taylor, Paulina Getman, Sarah Bartles, Mindy Oldenkamp, Mya Ledgerwood, Wendy Stoneberg

II. **Approval of October BHB Minutes:** Motion to Approve: Kathie ; 2<sup>nd</sup>: John R ; **Motion carried.**

III. **Financial report:** Provided via handouts, no questions.

IV. **Hope and Grace event fund request:** Funds for Hands Across Bridge were barely used so they are requesting the funds be rolled over for this event. Tammy has completed form and will submit it. Event will be held December 7<sup>th</sup>. John Rusche asked if we can use funds to support a fundraising event versus an awareness event like Hands Across the Bridge. Board does not have precedence set for this. John moved to transfer money to this event, up to \$500. Motion seconded motion. Lisa Martin inquired about event. Tammy shared event is a panel of professionals to answer questions about substance abuse and recovery. Community agencies can sponsor a table and invite people to participate and learn about recovery activities. Motion carried.

V. **Crisis Center holdback explained:** Public Health holds the contract and are not concerned about the “moving parts” according to Carol. The State will be holding back funds however they will subsequently be proving \$310 reimbursement for Medicaid eligible clients who use the recovery

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center. Carol will keep BHB updated as things change. With the \$310 reimbursement the intent from Optum and DHW is for Public Health to be the billing entity for the Crisis Centers. The base funding for the Crisis Center providers and recovery centers will continue. Joyce will be developing a sustainability plan this year for the Rural Crisis Center Network. Cindy O'Brien shared concerns the \$310 may not be sufficient when they allowed concurrent billing.

- VI. **Strategic planning follow-up:** Chris Goetz not in attendance, we will move this agenda item to January 2020. Chris would like the group to think of 3 strategic goals to work on in January.
- VII. **RCCN update:** Contracts with local providers are for one year and each has a 30 day separation option if requested. In process of proving the first quarterly report to State. This will be the future report to the Board. Lewiston Crisis center opened 8/1/19; Orofino crisis center opened on 8/21/19; and Moscow clinic opened 10/30/19. To date we have seen 30 unduplicated clients since opening. The University of Idaho and Law Enforcement (LE) are reporting positively about the resource. Joyce will be providing training to the CIT soon. Dr. Rusche mentioned having cost savings reports for LE and hospitals for JFAC. Discussion surrounded the difference in each community being unique. Cindy mentioned wanting to track adolescent data since they have had 6 adolescent crisis calls although the crisis system is based upon adult services.
- VIII. **SHN update:** Todd shared SHN is at unprecedented "no waiting" list and only 6 people on waiting list state wide and 100% nursing positions filled. The input, throughput and output is working. Discharged a long-term patient of 7 years. Two individuals were placed through ICPC to their home states. SHN is at 87% occupancy. Clinic is up and running. Increased comorbid population which he believes could increase costs. They will be working with CVH to manage this. Unprecedented loss of 4 of 7 master's level clinicians within a month to out of state or retirement. Todd has re-classified a clinical supervisor and clinician position into a PhD position.
- IX. **State Planning Council (SPC) report:** Jenny Teigen has been appointed to the SPC. She said the first meeting was a learning experience. The regional boards have a deadline of Dec. 6 to get final information to the SPC for the Governor's report. Jim is working on a goal to get all State BHB chairs to a meeting in conjunction with the bi-annual SPC meetings. Progress is being made in this area to meet the first time at the April 2020 SPC meeting.
- X. **Optum update:** Sarah Bartles updated the BH plan with Medicaid expansion. Members access to care will remain the same. They have been working with other Idaho Departments to support members in staying with same SUD provider after they gain eligibility through Medicaid expansion. A transition guide will come out in December. The initial estimate for those who will be eligible for expansion was 91,000 and approximately 70,000 were known to the Department. They have done a provider capacity and it indicates about 80% have capacity or are working to

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gain capacity; only 9% said they did not have capacity. Another component is to increase provider capacity for tele health. Three new services on January 1, 2020; service is crisis centers, partial hospitalization for mental health and SUD, and adding recovery coaching. Regional transition teams to support new members and to help identify trends. Warm welcome team to reach out to new members who are high risk to help connect. Medicaid is hosting monthly listening sessions and Optum is also hosting informational meetings.

XI. **Describe Wrap Around and the list of services:** Wraparound offered through behavioral health is specific to youth and families through ongoing support. CMH is using a model through Portland State University. It is a planning process that is youth/family driven and are able to identify their own support team with the facilitation by CMH clinician. This service can be one to 14 months in duration. Four phases the family goes in so the family can eventually facilitate their own supportive planning. Clinicians go through intense and ongoing training. They have three trained facilitators right now. CMH is currently accepting referrals. Jennifer shared materials for both families and providers. Model is ideal for those who are returning from residential treatment or may need residential treatment. Dean explained the Adult Wrap Around services are akin to Maslow's Hierarchy of Needs. If a person's basic needs to food, shelter, clothing etc are not met, their amenability to treatment is a non starter.

XII. **2020 Legislative priorities:** Jim read the list of suggested legislative issues to consider in the 2020 legislative session:

- Fully implement Medicaid Expansion
- Additional Recovery Center funding ("Crisis Center of a day, Recovery Center for Life")
- Fund study on Housing adequacies and opportunities especially for BH clients
- Fund study to determine the effectiveness of RC's
- Maintain Medicaid enrollment when incarcerated (a federal and/or state statute drops Medicaid when individuals are booked into a jail—no guilt is required—it takes 30 days after release to re-enroll as I understand it).
- Develop BH resources for teenagers which is woefully lacking
- Include family members as part of treatment team when a loved one is in crisis and law enforcement comes to their home--In home CIT
- Support for improved Broadband for rural/frontier areas of Idaho
- Need for Psychiatric youth residential treatment in Idaho
- funding for Mental Health and You phone app

Jenny T. mentioned "Not OK" phone app as another resource for youth in crisis. The Board will seek to know if this phone app is worthy of promoting. Will revisit at later meeting.

XIII. **Recovery Community Center Latah/Nez Perce Counties (Board):** Tammy updated BHB they provided 958 services, 388 unduplicated, 5 homeless individuals are re-housed, 40 meals,

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cleaned up “homeless site,” and took 4 truckloads to the dump. Mental Health First Aid in Orofino. Orofino program is up and running. Darrell reported Moscow opened the crisis center at the end of the month (10/30/19). Regular recovery center happenings; 25 meetings each week. Fundraiser “Soup Festival” this month and grew by 20%. Staff attended a meeting on a potential “law enforcement assisted diversion”. This was done in Boise and believed to be mostly with opioid challenge. Boise has found this to be successful. Continue on Millennium fund outreach, hoping to make headway in Deary. They started a monthly give back day for those in recovery; first was leaf clean-up and had about 10 participants.

#### XIV. **BHB Sub-Committee Reports:**

**Children’s Mental Health** – Scheduled to meet after today’s meeting. Jennifer S and Megan are Co-Chairs.

**Adult Behavioral Health** – Met today and discussed Medicaid expansion process, tele-health opportunities and will look into property liens for those on Medicaid for those under and over 55 years of age. Liens on personal property for county indigent health is the law. Sarah B reported this information may be on the Medicaid expansion website.

**Housing** – Meeting on 11/18/19, Tammy Watson will be the lead chair, Lisa M is co-chair. Housing summit in Moscow was well attended. Housing meeting scheduled for next Monday.

**Tele-Health** – Committee met this morning. They secured a grant for a speaker for an upcoming training. They would like to have a grant from Optum for the meal for attendees. Speaker and space are confirmed. First training is on HIPPA and ethics of HIPPA. Second session will focus on how to set up your sessions. Committee is looking into where telehealth can be provided; in homes, or clinic. Clinicians can register now to participate in the training: [www.idahomentalhealthcounselingassociation.org](http://www.idahomentalhealthcounselingassociation.org) or [www.imca.org](http://www.imca.org) January 24, 2020 and March 20, 2020 at Gritman Hospital. 9:00-4:30 PM There is a registration cost, \$160. Not open to the public.

**Prevention** – Grants are going well. ODP has new project manager who has made site visits and there may be changes in the future of the deliverables. Quarterly reports are being submitted timely. Jim reported Sharon Fritz replaced Kim Kane as new Ex Director of the State Suicide Prevention. Denise Jensen is new H&W Suicide Prevention Program Manager. Jim invited both to attend BHB meeting in the spring.

#### XV. **Public Input:** No public input.

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- XVI. **Next BHB Meeting: December 12, 2019 for Regional Legislators to attend.**
- XVII. **Meeting adjourned at 3:05PM**

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