

REGION II

Behavioral Health Board

MONTHLY MEETING MINUTES

October 8, 2020-- 1:30 PM

Zoom Conference Meeting due to COVID-19 restrictions

website: www.riibhb.idahopublichealth.com

Zoom Conference Link <https://us02web.zoom.us/j/81149296793?pwd=LzRqU2NHOTZlOFk0WTJjQ203Q1ozQT09>

1. Roll Call, Welcome, and Introductions

Board Members

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|---|------------------|---|-------------------|---|--------------------|---|--------------|
| x | Sara Bennett | | Darrell Keim | x | Pam Lopardo | x | Skye Taylor |
| x | Terema Carlin | | Diane Kovach | x | Lisa Martin | | Jenny Teigen |
| x | Megan Comstock | | Shari Kuther | x | Mike Ponozzo | | |
| x | Kathy Connerley | x | Kathie LaFortune | x | Suzi Quintal | x | Dean Allen |
| x | Beverly Fowler | x | Tom Lamar | x | Jim Rehder | x | Todd Hurt |
| x | Chris Goetz | x | Deborah Lind | | John Rusche | | |
| x | Sharlene Johnson | | Tammy Lish-Watson | x | Teresa Shackelford | | |

Others In Attendance: Joyce Lyons, Caitlin Rusche, Wesley Neisler, Eric Peterson, Steve Button, Camille McCashland, Starr Shepard, Jen Griffis, Zlata Myr, Tammy Everson, Wendy Stoneberg, Heidi SRCC

2. **Approval of July BHB Minutes (Action Item):** Motion to approve by Skye Taylor. Sharlene seconded. Motion passed

3. **Financial report—Carol/Perri-** Perri reported that there is nothing to report this month. Jim reminded the board that we have activity funds this upcoming year to support activities this upcoming year.

4. **Region 2 COVID-related community resource development specialist--Wesley Neisler:** Wesley reported that there is a 3 pronged approach for the COVID project. COVID help now line – a free crisis line for crisis services. They will connect individuals with resources within the community.

5. **Crisis Centers update—Caitlin/Joyce:** Joyce is working with the State on developing consistent reporting with all other crisis centers. Joyce reports that this past quarter there were 123 crisis contacts. Joyce reported there were 10 individuals brought to the crisis center by law enforcement. Of those 10 they were linked to services and only 1 went to the hospital. Public health has started billing for their crisis services, billing Optum, Blue Cross and Molina. 48% have Medicaid and only 23% were billable. Currently billing intake's and crisis contact on the phone. COVID has impacted individual's willingness to stay in the centers. Joyce is currently looking at sustainability. Currently working to collaborate with Region 2 mobile crisis services. Joyce has been talking with St. Maries Clinic to develop a plan for some

crisis services with the crisis center. The crisis calls will be diverted to the Lewiston Crisis Center at this time. Jim reported that Dave Jeppeson at Health and Welfare is interested in learning about how this dispersed model is working within the area. Sharlene asked about plans for Kamiah and Kooskia and Joyce reported the calls are currently going through to Orofino.

Sharlene moved to change the agenda to move the ABH update, Kathie seconded. Motion carried
–**ABH**- Tammy has resigned from the board and Teresa has asked to step down from the chair position. Shari Kuther agreed to serve as the chair. The board will review this at the November board meeting to vote on making the temporary appointment permanent. Teresa reports that the committee met today at noon to discuss goals. They are working to expand officers who are CIT Trained. The CIT team is working to identify the best method for this training in our region. Mike will look into insurance incentive for CIT training. Teresa will be looking into post certification. Committee is also looking at housing options for housing restoration. Todd will be presenting about this code and process tomorrow. Teresa will be reaching out about certified family homes who might be interested in housing mental health individual. Teresa will continue to work towards building connections with interested individuals.

Skye asked if probation could take the training, and she stated yes.

–**Housing**- Lisa reports that the modular buildings from the high school were purchased by Tom Eihler. He will be trying to purchase the property. Clearwater county is working on a project for housing. Woman's oxford house is for sale and she is not sure if they will look for another house to replace it.

6. **Suicide Prevention update—Steve Button:** Steve reported that is working with the Suicide prevention. COVID has interrupted some of their efforts. 4th Tuesday through zoom SPINsuicideprevention@gmail.com to get included in their newsletter. This past May they got \$5000 from Public Health for creating and placing billboards once monthly, Orofino, Grangeville, Moscow, Clarkston and Lewiston. They purchased 16,000 stickers to be placed on the back of all student's ID cards with the logo and phone number. They have 3 new trainers for QPR. There is one in Grangeville, Lapwai and Lewiston. Culdesac school district students and Pomaroy school district was trained in QPR. Fresh Check was at LCSC and SPIN was there from 11-2. 9 out of 10 project: was placed at their table to help support the 1 in 10 college students who experience suicidal thoughts. October 16th SPIN has their annual conference Taking Action Saving Lives, it will be online 8-2:30. COVID 19 appears to be impacting mental health and increasing suicide risk.
7. **Legislative priority discussion—Tom and Legislative committee:** Tom reports there are many unknowns about this upcoming session. He believes there will be movements on property taxes. He believes they will discuss COVID and the anger towards the Governor. Tom believes that mental health is not likely to be taken up, but suicide prevention would be well received.

Chris reports that he believes they will discuss COVID, taking away public health authority, and limiting the governor's authority to declare public health issues. There will be new legislatures but he does not expect a large change.

Jim states that board members provide him with any ideas that they feel need attention this legislative session. The in-person meeting with legislatures is scheduled for December 2020.

Kathie reports that she is considering and thinking about the telehealth rules and how that could be impacted this upcoming legislative session. Kathie believes this should be a high priority and we need to advocate that this does not decrease.

8. State Planning Council and State Chair mtg update—Jim: Jim continues to work to get the state chairs together via zoom, October 19, 2020. The state chairs will then participate in the planning council. League of Woman Voters will be presenting on Mental Health in Region 2.

9. Recovery Community Center Latah/Nez Perce Counties – Board- No community center individuals present. No report

10. BHB Subcommittee Members, Reports and Board Discussion

–CMH- Deborah reports that they were not able to meet this month, as the agenda was not posted on time.

–Telehealth- Dean reports that they did not meet this month. They completed their training last month and it went well. One of the needs and gaps was to work with the counseling association to get a list together for those providing telehealth services.

–Prevention- Sharlene reports that they met on Monday. Lapwai did their White Bison training and were thankful for the opportunity. They had an intergenerational dinner in Lapwai, where the groceries were delivered and pictures were shared. Meth campaign has been prioritized. National Drug take back day is October 24th and there are various events throughout the state. There is 1200 from prevention grant for each board to do primary prevention, workforce development or technical assistance and the board needs to discuss how to spend those funds.

11. Public Input- Tammy resigned and she help a position as a parent of a child with SUD. If anyone knows of someone who would want to serve please have them contact Jim.

12. Next BHB Meeting – November 12, 2020

13. Meeting Adjourn-