

REGION II
Behavioral Health Board

MONTHLY MEETING AGENDA

November 12, 2020-- 1:30 PM

Zoom Conference Meeting due to COVID-19 restrictions

website: www.riibhb.idahopublichealth.com

Zoom Conference Link <https://us02web.zoom.us/j/85287542893?pwd=TVI4VVk0NnhMOFVHQXh5dlQxeXd5Zz09>

1. Roll Call, Welcome, and Introductions

Board Members

x	Dianne Baumann	x	Sharlene Johnson	x	Pam Lopardo	x	Skye Taylor
x	Sara Bennett	x	Darrell Keim	x	Lisa Martin	x	Jenny Teigen
x	Terema Carlin	x	Diane Kovach	x	Mike Ponzozzo		
x	Megan Comstock	x	Shari Kuther		Suzi Quintal	x	Dean Allen
	Kathy Connerley	x	Kathie LaFortune	x	Jim Rehder		Todd Hurt
x	Beverly Fowler		Tom Lamar	x	John Rusche		
x	Chris Goetz	x	Deborah Lind	x	Teresa Shackelford		

Others In Attendance: Cindy O'Brien, Caitlin Rusche, Michelle King, Wendy Stoneberg, Tammy Everson, Joyce Lyons, Brandon Mitchell, LaChelle Rosenbaum, Stephanie Biedman, Starr Shepard, Angie Edwards, Elaine Dufford, Jen Griffis, Laura Thayer

2. **Approval of October BHB Minutes (Action Item):** Motion to approve by Sharlene, Kathy LaFortune seconded. Motion passed
3. **Financial report—Carol/Perri:** No changes to the financial report as reported by Perri Larson.
4. **Board term expiration appointments—Appointing Authority (Action Item):** The appointing committee met on Nov. 10 and appointed Sara Bennett, Suzi Quintal, Pam Lopardo and Chris Goetz to the expiring terms of Dec 31, 2020. Jim asked for a motion to affirm these appointments--Shari Kuther moved to affirm, Kathy LaFortune seconded the motion. No discussion on the motion. Motion passed.
5. **Affirmation of Commissioner IAC appointments to the Board--Board (Action Item):** Tom, Mike and Kathy were recommended by the Idaho Association of Counties to serve another term on the Board. Darrell made a motion to affirm. Sharlene Johnson seconded the motion. No discussion on the motion. Motion passed.
6. **Adult BH subcommittee chair appointment—Board (Action Item):** Shari Kuther has accepted the invitation to become the Adult BH subcommittee chair. Mike Ponzozzo made the motion to approve, Skye Taylor seconded the motion. No discussion. Motion passed.
7. **Up River Youth Leadership Council funding request from Sharlene—Board (Action Item):** Sharlene presented to the board the request for 2 chrome books and projector for a total request of \$1,049. Executive board had no concerns about the request. The application was sent to the board members

earlier today. John Rusche made the motion to approve, Kathy LaFortune seconded the motion. No discussion. Motion passed.

- 8. Idaho Lives Project—Angie Edwards:** Angie reported there is a new project being offered. Idaho Lives project mission is to decrease the number of youth suicide. In the past they have worked with Idaho high schools and this fall they started a new service. They are offering case management for youth and youth families following a suicide attempt. Angie Edwards has been working with Region 2 as the case manager. She is able to work with a high school or middle school students who have had a suicide attempt or severe suicidal ideation—these cases are appropriate for a referral. She offered to send information to anyone who provides her with their email address. She has a flyer she can send out.
- 9. LC Master’s Degree Social Work Program introduction-- LaChelle Rosenbaum:** LaChelle reported LCSC is in the exploration stage of finding out about graduate degrees. There are currently 3 Masters programs being offered within the state currently, so they want to identify a special population. She is looking for individuals who are interested in joining a focus group for LaChelle to present a White Paper. John Rusche asked about BSU offering a satellite program at LCSC and he was under the impression it was not supported. Lachelle reported: 2005/2006 BSU extended their master’s program to CDA and Lewiston and lasted 11 years. In the 9th year the program moved to extended study program and it had to be self-supported. They developed an online program as it is more cost efficient. They are finding that Lewiston students are having difficulty getting accepted into the program as there is less than 25% Idaho students. The Board of Education is not currently supportive of extending a program at LCSC as it is viewed that there is a program being offered. John offered to participate in the white paper. Board members can reach out to LaChelle if they want to participate, lmrosenbaum@lcsc.edu
- 10. State Planning Council meeting report—Jenny:** Jenny reported that the planning council met the week of the 19-21st. There was gratitude extended to providers during the transition with COVID. They want to focus on collaborating more with the Regional boards so everyone feels represented and having their needs met. Jim met with all the regional state board chairs met with Ross on Oct 19 and then met with State Planning Council on Oct 20. Jim and Teresa also gave a presentation to League of Women Voters on Oct 21.
- 11. Psychiatric Emergency Triage Center funding report—Teresa:** Teresa reported that through the SAMHSA grant money Behavioral Health was awarded through COVID, there was a funding opportunity opened for creating psychiatric triage centers within our communities. Unfortunately the funding will end August 2021 and if there is any sustainability after that. There were 4-5 requests and they awarded to two applicants. They are currently opening up a second round of funding. They approved the Eastern Idaho Crisis center and the Southeast Crisis Center, where they will work with the emergency departments to take proactively anyone to the crisis center. Providing the triage and transportation to the centers. The programs have not started at this point. Teresa will present again in January about the progress.
- 12. Legislative priorities for 2021—Tom/Chris and Board:** Jim stated he wants the board to keep supporting Medicaid expansion. John discussed what was in the LM Tribune. There have been approximately 90,000 individuals covered which is more than the original projections, so the additional costs make sense. The state is ahead of its budget projections and he questioned why they are looking to cut this when the federal government covers 90%. John reported he is unclear of what the issue is and the motivation. Jim asked Terema about how this has impacted Probation and Parole and incarcerated offenders. Terema reported within the correctional facility they are applying prior to their release. Chris Goetz reported that Medicaid expansion was a voter issue and that is the motivation of decreasing. Chris believes the focus will be on limiting the governor and public health during COVID. John recommended Jim give Dan Johnson a call to follow up on Medicaid expansion changes. Chris reported that he believes

funding will be the major focus and what they can cut. Chris believes the counties are starting to see reduced costs in the Indigent funds and the State in Catastrophic funds. Kathy LaFortune reports they are also seeing a decrease in the indigent fund, but there is an increase in the public defender costs. John reported those who are new with coverage the expenses of their coverage is higher for the first 2 years. Jim discussed supporting an increase in public defense budgets as this helps our clients. Teresa reported there is a work force shortage which leads to a decrease in services that are offered. John discussed increasing the telehealth capabilities within the state.

After the discussion, the following items will be discussed with Legislators in December:

- Support for Medicaid Expansion
- State Funding for Public Defense
- State Funding for Broadband and Telehealth
- Financial support for Recovery Centers and Crisis Centers
- There is a serious Behavioral Health workforce shortage
- Seeking a solution for homelessness

13. Recovery Community Center Latah/Nez Perce Counties – Board: Darrell reported their utilization is back to pre-COVID. They had 48 individuals with recovery coach sessions. 576 client contacts last month and 25 groups meeting each month. They have implemented social distancing. They will have a Thanksgiving meal with the local Mexican restaurant which will be a take out. The 19th at noon in Moscow. Darrell reported that Shaun Hollace is in charge. Stephanie reported they had 17 new intakes between Lewiston and Moscow 177 check in's in Lewiston, 34 check in Orofino, 63 recovery session, 13 in Orofino, 28 appointments made but missed, 354 services in Lewiston and 83 Orofino services. The Lewiston center is currently looking to move location to somewhere that is less expensive which is across the street at a third of the cost.

Crisis Center – Joyce reported people are cautious and there is more phone contacts. 42 contacts throughout the region. Joyce is working on a grant for the centers to gather PPE and equipment that is needed for COVID support. She reports they are working with Optum to bill for crisis services. Jim asked about sustainability and Joyce reported they are working on that. Joyce has not heard they are not funded and Region 2 has two more years. Joyce reports the center is at the sustainability level that was requested initially. Joyce is collaborating with Teresa to work with mobile crisis. Riverside Recovery has agreed to take the call from the Idaho and Lewis County area until we can find a solution to a local center. Beverly requested information about the sustainability costs and Joyce reported it is \$60,000 monthly to run the centers.

Jim reported Lewis Clark Valley Health Care Foundation funded some local mental health services within our region—1st Step 4 Recovery--\$75,000, Snake River Community Clinic--\$74,000, LC Valley Youth Resource Center--\$75,000; U of I Foundation for suicide awareness, MH first aid and prevention programs and Public Health for quality of life and cognitive health for senior citizens.

14. BHB Subcommittee Members, Reports and Board Discussion

–**CMH**- Laura reported they are working on a resource guide with a google doc. They are meeting today after the board meeting.

–**ABH**- Shari reported they met today before the board meeting. They looked at the needs and gaps, focusing on the CIT training. They believe the insurance company will offer an incentive for officers who have completed the training. Aunt Bertha is currently being built, as it will list resources within the area. She reports The Kootenai Health Alliance is also working on an aunt Bertha site within our area. She

discussed increased needs with the holiday season coming up and Teresa said an intern will work to create something and posted to the public. The board wondered if the crisis center would be taking people in overnight during the cold and they also wondered if there was a tent city in the old twin foods area. They discussed if there would be a need for services for those individuals. Michelle King reported the Youth Resource center will be open for the holidays and they will be offering food on Thanksgiving and Christmas. There are local efforts being made to get a warming shelter going, hiring a coordinator.

–Housing- They met this month, next meeting in January. They talked about a housing taskforce with the focus of the warming shelter. The funding will be applied for through Lewis Clark Valley Health Care Foundation and be housed at the Salvation Army. Innovia is another funding source they are looking into. They are trying to find a sustainable plan. The modular building from the high school have been purchased but he has not been able to find property to place them on. Shaun Hollace is the new director at First Step for Ilfe, and is looking for a location in the Orofino area. They are starting Roads to Recovery in Orofino. They currently are searching for trained recovery coaches as they have positions available. Lisa said Cynthia Nunez reported that homelessness is a focus currently and a flyer has been sent out to help identify homelessness and get resources available.

–Telehealth- Dean reported they did not meet this month. They will be meeting next month. Dean reported that there is more broadband availability in some rural areas.

–Prevention- Sharlene had Strengthening Families training last week and only 7 completed the training out of 15 who signed up. The take back day was successful as numerous communities participated—statewide they took back 10,000 lbs of old meds; last year it was 6,000 lbs. ICADD is developing breakout sessions on prevention. She is working on a prototype of a prevention cling and sticker. They are working on writing a plan for next year’s prevention dollars and the restrictions have been loosened. There is training and technical assistance funds available to the board if anyone has ideas or needs.

15. Public Input- Jim reported the December meeting will be with the regional Legislators, so subcommittee chair’s need to be prepared—each will have 5 minutes to share the goals and concerns for each topic. There will be few agenda items in December due to the meeting with the legislators.

Lisa Martin reported across from the Asotin County Aquatic Center they have some small homes that are being built and she asked if anyone knows about them—it is suspected they are work force housing.

Wendy Stoneberg (Optum Idaho) – “Give cold feet the boot” program has kicked off and will be in Lewiston Monday the 16th 8:30 Am distributing snow boots and socks to kids in McGee Elementary. Optum is planning funding for 2021 and any program that has a proposal can get the application from the website.

16. Next BHB Meeting – December 10, 2020 or when Legislators can meet.

17. Meeting Adjourn- Meeting adjourned at 2:43.