

# REGION II

## *Behavioral Health Board*

**Subcommittee: Prevention**

Date/Time of Meeting: 10/05/20 11:00 AM

Location of Meeting: 413 Main Street, Kamiah Idaho

website: [www.riibhb.idahopublichealth.com](http://www.riibhb.idahopublichealth.com)

Zoom link: <https://us02web.zoom.us/j/81646742897>

Attendees:

x	Sharlene Johnson		Teresa Shackelford		Kathy Connerly	x	Karlie Smith
	Jim Rehder	x	Debi Dockins		Terry Cochran		
	Carol Moerle		Doug Steele		Tami Jeffords		
	Amber Peace	x	Kiri Brown		Zlata Myr		
	Darrel Keim		Kathi Howard	x	Caitlyn Rusche		

### Agenda

### Meeting Minutes Discussion/Outcomes

**Meeting Called to Order, Roll Call:**

Meeting called to order by Sharlene Johnson at 11:03 am with Debi Dockins, Kiri Brown, Caitlyn Rusche, and Karlie Smith present.

**Approval of last meeting minutes (Action Item)**

Debi made a motion to approve the January 2020 minutes, Kiri second, all in favor, minutes accepted as presented.

**Topics to Discuss:**

- ❖ Introductions
- ❖ Action Plan Updates
- ❖ Lapwai Community Coalition White Bison
- ❖ Strengthening Families Facilitators Training
- ❖ Revisit Meth Campaign Vinyl Cling
- ❖ Opioid Grant-Needs Assessment- Caitlyn Rusche
- ❖ RX Take Back Events October 24<sup>th</sup>

We had new people in attendance, introductions were made.

Sharlene gave an update on each strategy in the FY21 PFS Action Plan. She will email out the two options for this year's spring break sticker shock campaign and we will decide on one at the next meeting.

Kiri reported that Lapwai Community Coalition held the White Bison Sons of Tradition virtually with all 15 spots full. It was a great 4-day training, with 4 males in attendance. The training was also a great capacity building event for the coalition, gaining 6 new members.

Sharlene informed the group that the Strengthening Families Facilitators training will be held virtually on October 13 and 14. Seventeen of the 20 spots are taken.

The group went over what had been brainstormed in January for the meth campaign vinyl cling. One concept was prioritized: 3 rules: Don't mix drugs, don't smoke powder, and don't inject anything. If you or someone you know does, Get Help and Get Healthy -contact your local recovery/crisis center.

Caitlyn Rusche went over the region 2 Opioid Needs Assessment (attached).

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Discussion was held on the upcoming DEA RX Drug Takeback Day October 24<sup>th</sup>. Sharlene said she was trying to get someone to host an event in every county in region 2. So far there is commitment from Idaho, Nez Perce and Latah County. Lewis County is trying to reschedule some things to be able to get it done. Sharlene has not gotten a commitment from anyone in Clearwater County. Debi asked if there was a flyer or poster, Sharlene will email her the ODP toolkit.

Coalition updates:

Palouse Community Coalition is working with IDFY on strategizing. Debi also reported they just finished their Idaho State Liquor Department grant.

Lapwai Community Coalition just finished their Sticker Shock campaign, which was part of their Idaho State Liquor Department Grant. They were to host an intergenerational dinner but due to COVID had to think outside the box and offered this virtually. Meal kits were distributed to families, who cooked dinner at home together, and then sent in photos. It was a great event.

Upriver Youth Leadership Council will be hosting Debbie Allen and a Shelby's Rules event on alcohol poisoning during Red Ribbon Week. The Youth Advisory Board has designed an RRW color book for the younger children. The Family Dinner Night event was not successful in Kamiah. Sharlene believes that her community is struggling with issues related to COVID which is making them hard to engage in anything. Her Youth Advisory Board kids are struggling to adjust to all the uncertainty in the world. Debbie suggested everyone watch "Social Dilemma" on Netflix, and then take a break from social media until after the elections. Discussion followed on all the "things" affecting our community youth and how we can help them.

The group decided on the 1<sup>st</sup> Tuesday of every month at 10:00 am for regular meeting times.

**Next Meeting**

Date/Time: November 3<sup>rd</sup> 10 am

**Meeting Adjourned**

Time Meeting Adjourned: 11:47 am