

REGION II
Behavioral Health Board

MONTHLY MEETING MINUTES

October 14, 2021-- 1:30 PM

Zoom Conference Meeting due to COVID-19 restrictions

website: www.riibhb.idahopublichealth.com

Zoom Conference Link: <https://us02web.zoom.us/j/86940847110?pwd=SXpZNGptZDJka1R4bHh4WGZlZmc5dz09>

1. Roll Call, Welcome, and Introductions

Board Members

	Dianne Baumann	X	Sharlene Johnson		Pam Lopardo		Jenny Teigen
X	Sara Bennett	X	Darrell Keim	X	Lisa Martin	X	Michael Wraith
	Terema Carlin	X	Diane Kovach		Mike Ponzozzo		
X	Megan Comstock	X	Shari Kuther	X	Suzi Quintal		Dean Allen
X	Kathy Connerley	X	Kathie LaFortune	X	Jim Rehder		Dustin Hibbard
X	Beverly Fowler		Tom Lamar		John Rusche	X	Todd Hurt
	Chris Goetz	X	Deborah Lind		Skye Taylor		

Others In Attendance: Teresa Shackelford, Tammy Watson, Shaun Hollace, Eric Peterson, Tammy Everson, Sharlisa Davis, Perri Larson, Stephanie Beidman, LaChelle Rosenbaum, Laura Thayer

2. **Approval of September BHB Minutes (Action Item):** Motion to approve by Darrell Keim, second by Megan Comstock, no discussion. Approved unanimously.

3. **Financial report—Carol/Perri:** First Step 4 Life paid this fiscal year, \$900.56, for t-shirts and business cards. Latah Recovery center cancelled their event due to the weather, and will remove their request for \$500.00. No further questions or items. The rough balance for Board activity fund for FY21 is \$12,100.

4. **State Planning Council questionnaire update--Board:** Meeting was held yesterday over zoom. 29 people participated in the meeting. 9 attendees were from Region 2. Those attending from Region 2 were: Jim Rehder, Lisa Martin, Jenny Tiegen (SPC member), Judge John Judge, Caitlin Rusche, Mike Wraith, Shaun Hollace, Todd Hurt and Max Sorenson of Voc Rehab. Jim asked if anyone knows how to contact Max as he would be a good resource for the Board. Draft of the Governor's report will be sent out in the middle of November and return their responses by the end of November.

Eight positions will be ending this year in December. Applicants have sent applications for all but two positions. Family of mental health consumer and family of SUD consumer are still in need of being appointed. Tammy said she would apply for one of the open positions which means we need to find one more applicant.

5. **Extension for Community Healthcare Outcomes—Lynsey Winters Juel/Katy Palmer:** Will need to be rescheduled to November.

6. **State Hospital North update—Todd:** COVID protocol have been implemented and there is regular testing of staff and patients. There have been no transmissions between staff and patients. SHN does a lot of work with the local hospitals and jails to ensure that those who are transferred are COVID free. Remodel of several things including removal of all ligature furniture and restraints. SHN has many new positions, and will look to hire for some new jobs as they work to become Joint Commission Accredited. Todd will be taking three months off and Teresa Shackelford will be taking over as the SHN Administrator.
7. **Medical Staff mental health needs during covid—Board:** St. Mary's Health has had internal discussions about mental health needs for their staff. There are behavioral health consultants who work for St. Mary's and they are available for staff along with EAP programming. Gritman hospital created a space for staff to take a break and rest. This is a challenging time for medical staff who are often felt like they are being targeted while on and off work.
8. **2:15pm--LCSC Masters Social Work/Counseling update—LaChelle Rosenbaum:** Survey results indicate the need for Masters level programs across the state. There is a need for the advanced standing and traditional program. LaChelle presented a White Paper to LCSC regarding this need, and there are several barriers to initiating that program. The college does not have the staffing needed to provide a Master's program, and would be required to have at least two more Doctoral staff. LaChelle would like the help from the board to have a discussion with higher up's in LCSC to recognize the needs within our community and state. LaChelle suggested the legislature conduct a statewide analysis of Master level positions needed in our state and region; also ask the legislature to give first choice to Master program to Idahoans. Currently there are approximately 70% Idaho residents in the Master of Social Work/Counseling programs, the rest are from out of state. The Board will continue to follow this important issue and will bring this up with Legislators at our December meeting.
9. **Recovery Community Center Latah/Nez Perce Counties—Darrell/Shاون:**
 - a. **Latah County:** Things are going well. Average 45 Recovery Coach sessions every month. Restarted outreach program on Tuesdays and Thursdays on U of I campus. Continuing the safe syringe exchange. Having the safe soup fund raiser coming up in two weeks. Busy writing grants and doing fundraising. Put in for a Reentry grant to work with the counties and do case management and recovery coaching for individuals who are in jail.
 - b. **Nez Perce:** Recovery coach sessions are down a little from before. Masquerade event this weekend. Working on the grant to go into the jails and do Recovery Coaching and Shaun has been going into the jails on a weekly basis. Stephanie Beidman added that December 4th will be the annual fundraiser, dinner, speakers, and a roundtable discussion. The theme will be on ACE's. Tickets will be sold soon and they are looking for sponsors of tables.

10. BHB Subcommittee Members, Reports and Board Discussion

—CMH- Will be meeting later this month to discuss plans for moving on the goals for the year.

—ABH- Lacked a quorum at the meeting and they had a discussion related to the general mental health needs in the state. They will be meeting again next month and will be bringing some of that information to that larger group.

—Housing- Will be meeting the 8th of November. Will be hosting a homeless awareness event around November 14th. Orofino recovery house is doing well and will look to expand into a female house as well. Eric Peterson reported on the Disability Action Committee meeting and the discussion related to the possible homeless shelter. There is a lot going on in the background related to opening and funding a homeless shelter. Eric asked if there was any funding available the Board could put toward this project. Jim reported the Board has an annual budget of \$13,000 for Board supported activities. He explained to

Eric there is an application form for funding. Perri recommended this potential expense should be run through Public Health fiscal office for appropriateness of expenditure for the budget category.

–Prevention– Met on the 5th. They are looking for a Prevention Specialist Coordinator to replace Sharlene with Public Health. Sharlene asked the Board to help locate a person to apply through Public Health. National Take Back days are coming up and there are fewer days. Will be hosting the Drug Impairment Training and this will be virtual in January. Holiday Sticker shock campaign will start soon. They meet the first Tuesday of each month.

11. Public Input: Stephanie Beidman reported the Resilience coalition is looking for board members. Stephanie is also looking for a part-time clinician. Tammy Watson is working with Mental health First Aid along with Optum. The teen-teen training is out and they are looking for trainers within the school and trained trainers. Jim will send out information to the board.

12. Next BHB Meeting – November 18, 2021 (note, this is the 3rd Thursday of the month due to a state holiday conflict on November 11).

13. Meeting Adjourn: