

REGION II

Behavioral Health Board

MONTHLY MEETING MINUTES

April 14, 2022-- 1:30 PM

Zoom Conference Meeting due to COVID-19 restrictions

website: www.riibhb.idahopublichealth.com

Zoom Conference Link: <https://us02web.zoom.us/j/88597548503?pwd=VVZpQ2YydzZ5M1g4Lzc3WVNlaUdxQT09>

1. Roll Call, Welcome, and Introductions

Board Members

| | | | | | | | |
|---|----------------|---|-------------------|---|---------------------|---|---------------------|
| | Sara Bennett | | Sharlene Johnson | | Lisa Martin | x | Michael Wraith |
| | Terema Carlin | x | Darrell Keim | | Shawn McDowell | | |
| x | Megan Comstock | x | Shari Kuther | | Michelle Mendenhall | | |
| x | Beverly Fowler | | Kathie LaFortune | x | Mike Ponozzo | x | Dean Allen |
| x | Chris Goetz | x | Tom Lamar | x | Jim Rehder | | Dustin Hibbard |
| x | Shaun Hollace | | Tammy Lish-Watson | x | John Rusche | x | Theresa Shackelford |
| x | Shaun Hogan | | Pam Lopardo | x | Jenny Teigen | | |

Others In Attendance: Caitlin Rusche, Perri Larson, Laura Thayer, Stephanie Bailey-White, Tammy Everson, Amanda Holcomb, Amelia- Commission for Libraries, Kaylie Bednarczyk, Nathaniel Conklin, Elaine Dufford, Karen Kopf, Fallon, Lana Schuerman, Brianna Hoffman, Mark Hand, Stephanie Biedman

2. **Approval of March BHB Minutes (Action Item):** Mike Ponozzo motion to approve, Darrell Keim second, all approved.
3. **Financial report—Carol/Perri:** Perri reported a request for NAMI, waiting on paid invoices in order to pay out requests from Valley Resource Center and Upriver Youth Council. All requests and receipts need to be submitted by middle of May. CIT will put in a request for the remainder of the funds if there is no other request made.
4. **Mental Health Advocate Award selection—Board (Action Item):** Michelle King nominated for this by the board and a letter has been written if the board is in support of her recommendation. Motion approved by John Rusche, second by Mike Wraith. Approved
5. **Idaho Library Tele-health—Stephanie Bailey-White:** Received funding for 2 libraries to offer private areas for telehealth services in Orofino from the Blue Cross Health foundation. Shari reported this has been very helpful in getting Behavioral Health services in Orofino and Weippe. Second round of funds \$50,000. \$40,000 for Caldwell, Challis, Hailey, and Parma. Funds will be used to establish private spaces for telehealth services. The remainder of \$10,000 will be used for media on this new service. Also working with Behavioral health to purchase privacy pods to install into libraries in rural communities. They have about \$500,000 for this project.
6. **St. Joe's Hospital BH services—Brianna Hoffman:** Director of Behavioral Health since November. No longer are providing outpatient services. Currently inpatient capacity is 12, due to providers. Working on telehealth services to help increase capacity to 20. Stephanie Beidman provided feedback about a client feeling comfortable while there. One question regarding having outside clinicians being able to visit for a session if requested by the clients. There are issues with billing on an inpatient and outpatient

services provided. John Rusche asked about the relationship with SHN at this current time. It was reported there is weekly contact with the State Hospital Staff. They work to maintain contact with outpatient service providers and arrange for services when they are released. Lana discussed their weekly meetings that occur with mutual clients, and states they are providing great services and coordination of care. Dean Allen asked about the accessibility of client referrals from outside hospitals. The capacity has been full and the availability of referrals from outside hospitals has been limited. Direct referrals will be more available once there is another provider on staff, they will have availability to provide this relief. Jenny brought up a question related to being able to provide services to individuals with a dual diagnosis and there being a barrier to commitment due to substance use. Brianna reported this has not been an ongoing issue she has been aware of.

7. **SMART Recovery in rural recovery homes—Nate Conklin Fletcher group:** Nate presented a slideshow on the Smart Recovery program they are bringing into recovery housing. Their funds are provided by HRSA and they are a nonprofit organization. This is often a good alternative for individuals who may be less comfortable with AA or NA programs. The program is a 12-session program provided at no cost to the facility. If there are facilities interested, they can get all equipment available at no cost, and they will train two individuals to continue to offer the program after the first group, and upon completion of the first group they can receive \$1,200. Contact at Fletchergroup.org
8. **Officer Election process/Ex-Officio appointment preparation—Mike P/Jim:** Mike would invite any Board members to reach out if they are interested in participating as a Board officer. There are 5 positions elected each year—chair, vice chair, secretary, at-large and at-large. Next month the nominating committee will present the selection of candidate nominations. Nominations will also be accepted at the June 2022 Board meeting. The nominees will be voted on at the June Board meeting and effective July 1 of 2022. Contact Mike Ponozzo or Beverly Fowler if interested.
9. **Nez Perce County SIM Workshop-IBHC strategic plan—Mike W, Pam, Lisa:** Mike discussed the SIM meeting including the strengths and weakness apparent in our mental health system. Housing was identified as a gap within our Region and statewide. Our community has very good relationships and often communicate. Looking to enhance some of the services we do have to utilize them to the fullest extent. The meeting was well received and well attended.
10. **Recovery Community Center Latah/Nez Perce Counties—Darrell/Shawn:** Darrell reported Latah County has been very busy. Typical amount of people coming in for Recovery Coaching and for services. Have a case manager hired and Recovery Coach to provide Reentry services to the jail. Darrell is excited to report they have made an offer on a house to become a clean and sober Oxford house. They are sending some individuals to the ICADD training. They participated in the Mental Health Walk and they had a nice turn out.

Shawn stated they are moving forward with opening an outreach recovery center in Grangeville which will work together with crisis services planned for Idaho County. The center is busy and they are working several events including a campout. Recovery Coach training in May and hopefully in June. Orofino will be getting another recovery house in Orofino, so there will be one for men and one for women.

Grangeville had a community meeting to work on developing a center within that community for Idaho County. Lewis County has expressed interest in participating. There were 36 people who attended April 7 meeting including County Commissioners, Sheriff, Prosecutor, Senator Crabtree, Syringa and St. Mary's hospital staff, service providers and interested persons. Joyce Lyons, Shawn Hollace and Darrell Keim presented. Tammy Everson is working on developing a plan for the Recovery Center in Idaho County and Camas Counseling is looking at how to offer support and motivation to get this process started.

11. **Legislative update—Kathie/Tom/Mike P/Chris/John/Mike W/Jim:** Mike Wraith reported there is a lot of money for Children and Crisis Services. Mike will look for an update that can be presented to the board. Jim reported he worked with Recovery Idaho for increased funding for Recovery Centers. Governor Little proposed \$600,000 for the nine centers. Recovery Idaho proposed an additional \$300,000 to establish a \$100,000 base for each center—Jim said he had over 40hrs in communicating with Recovery centers for their budget information and educating legislators. The legislature approved the \$900,000 for Recovery Centers for fiscal year 2023.

12. BHB Subcommittee Members, Reports and Board Discussion

–**CMH-** The subcommittee met last month and will meet again today. They have discussed current mental health resources and working to identify needs.

–**ABH-** Two attendees for this monthly meeting. Shari will be stepping down as the chair for that subcommittee and Pam Lopardo will remain in the co-chair position.

–**Housing-** Met last month and talked about partnering with Community Action to look for some money to go toward affordable housing. A second sober house is going into Orofino. Looking to support the housing project that is looking at the old Lewiston High School.

–**Prevention-** The subcommittee members attended the prevention roundtable that happened last month. Working on some drug takeback days on April 30th in Moscow, Lewiston, Grangeville and Orofino. The universities will host their own drug take back days the week before the community events.

13. **Public Input:** No current public input. Jim reported the Board needs any updates to provide as a mid-year report from the subcommittees for the State Planning Council. John Rusche reported the Idaho Gives closes tomorrow, if people want to get their organization on the list of possible donation locations. Lewis Clark Valley Healthcare Foundation is currently in the middle of the fast track grants. The large grant opportunities will open June 1st.

14. Next BHB Meeting – May 12, 2022

15. Meeting Adjourn: 2:26 PM