

REGION II
Behavioral Health Board

MONTHLY MEETING MINUTES

April 14, 2016 1:30 PM

State Office Building – Third Floor Conference Room

website: www.riibhb.idahopublichealth.com

Phone Conference (Call-In) Number: 208-799-4356; code 2100

I. Roll Call, Welcome, and Introductions

Board Members

X	John Allen	X	Beverly Fowler	X	Deborah Lind		Taylor Skye
	Lori Blackmon		Chris Goetz	X	Joyce Lyons		Laura Thayer
X	Scott Douglas	X	Jennifer Griffis	X	Lisa Martin		Marsha Wilson
X	Eleanor Downey	X	Dr. Jefferson		Elizabeth Patzer	X	Teresa Wolfe
X	Mary Evans	X	Mike Kingsley	X	Jim Rehder		<i>Joyce Broadsword</i>
X	Tammy Everson	X	Tom Lamar	X	Cathlin Stewart		<i>Tom Stroschein</i>

Others In Attendance: Cindy O’Brien, Jennifer Shuffield, Jim Crowley, and Aaron Darlpi (Optum). **By phone:** Sharlene Johnson (ODP), Rosie Andueza (IDHW-Central Office), and Board Member Cathlin Stewart.

II. **Approval of March BHB Minutes:**

Motion to Approve – John Allen moved and Tom Lamar seconded. Board Approved.

III. **Optum quarterly report - Aaron:**

- Aaron handed out and reviewed the Optum Quarterly report (see attached).
- Letter was sent to RBHB chairs to see what data was helpful to them. This data was shared in the quarterly report. ACE Program is at the national level, they do not deal with this at the local level.

IV. **BH/PH application to BHPC status – Carol/Joyce/Jim:**

- Application was submitted April 1, 2016. Input was received yesterday from the planning council with the need for additional explanation of the capacity for the board to be functional to take on future grants and contracts. We will base this information on the most recent Needs and Gaps identified and approved by the board. Carol and Joyce L will work together to address the application clarifications and then resubmit the application.

V. **Public Health** distributed packets that included: the new website, the purchase request form, and the purchase request process.

VI. **By-law revision – Chris/Jim:**

- By-law amendment requested under the nominations section. Jennifer asked if there would be a slate vote or by individual position. Discussion held and proposed change Section 3 was edited to include:
 - “Affirmed Nominees will be presented to the Region II Behavioral Health Board membership for final vote on each individual position. Nominees must abstain from voting for their respective positions.”
- R2BHB Member Orientation Procedure was presented.

Motion to approve the by-laws changes to include the addition of the member orientation procedure as well as the edits discussed. Beverly Fowler made and Tammy Everson seconded.

VII. **Exec Committee and Officer discussion/nominating committee report – Board:**

- John Allen is coordinating the nominations for the May meeting. If anyone wants to be an officer of the board, please contact John. The individuals who currently hold these positions can also request to be nominated again. Nominations can be made at the May board meeting. Slate of nominees by May meeting and election will take place at the June meeting.
- Discussion held if a Treasurer position was needed now that finances are handled by PH-INCD. Jim will research the by-laws. Nominating committee will go ahead and seek a treasurer position. If it is determined that a Treasurer position is not needed then the board would require two at-large positions.

VIII. **Respite Care Project – Jen/Deborah:**

- \$800,000 additional money was approved by the Legislature from State General Funds which brings the budget total to one million. Respite care cannot be covered by Medicaid funds.
- Ross has opened this up to the RBHBs to have them contract with DHW to provide respite care in their region. The sub-committee has already had this discussion. Since the board is still in the process of determining what they want to do in our region, we are not ready to take on respite care. Ross also said that if RBHBs were not ready to contract with DHW they can still provide input in what respite care would look like in their district.
- Respite services are on a spectrum; regular, group, emergency and crisis. All of the spectrums have to be addressed not just one.
- Historically there has been limited resources and access to respite services. Some of the barriers have been removed except the lack of respite providers. Increasing the provider network will be the main challenge.
- CMH is making respite care more accessible right now. They are not waiting for the RBHB to take on respite care. H&W shared a flyer on respite services.

Families with a child under the age of 18 and has a documented mental health diagnosis may qualify for respite care. If you become aware of a family needing this service refer them to their local Children's Mental Health office.

- CMH subcommittee has lots of expertise and will be working with H&W to work on ideas on how to use these funds.

IX. Behavioral Health Planning Council Report – Jen/Teresa:

- At the March BHPC meeting, Region 7's application was approved. At this time, applications for Regions 1, 4, and 7 have been approved.
- At the April BHPC meeting, they will be reviewing the Needs and Gaps reports. From these reports they will be preparing a report for the Governor.
- Children Mental Health Awareness week is May 7th. There are video conferencing options on May 12th and 13th.

X. Recovery Community Center Latah/Nez Perce Counties – Board:

- Latah Recovery Center
 - Darrell shared the activity calendar for the Latah Recovery Center.
 - Still have 120 to 150 attending classes and 250 to 300 attending anonymous meetings.
 - Recently held a pancake breakfast fund raiser that netted \$9500 for the center.
 - Tom Lamar reported that Senator Schmidt was in attendance as well as the U of I President's wife who gave the opening speech. All who attended were able to see the support the center has from the community in public and private ways.
- Nez Perce Recovery Center
 - Mike Kingsley shared that the Nez Perce Recovery Center is looking at the Roxy theatre downtown for the center location. This location has lots of fund raising potential. It has several rooms for meetings. The HVAC system is being upgraded and an engineer has volunteered to review the stability of the balcony area.
 - They are in the process of getting a board put together. Darrell is assisting them and they have the Latah center as a model.
 - They have also partnered with the Latah Recovery Center and Sojourner's Alliance which is the non-profit for the Latah Center.
- Tom Lamar will present about the Latah Recovery Center at a meeting in Pocatello next week. He also met with the Coeur d'Alene Crisis Center recently. He will also be presenting information regarding the difference between a recovery center and a crisis center.
- Rosie from H&W in Boise, offered support to the Nez Perce Recovery Center. They could help with training Nez Perce recovery coaches.

XI. Legislature Report – Chris:

- Jim filled in for Chris. The State BH newsletter was reviewed.
- Adult residential treatment homes is a new service model that would require an awake adult staff person 24 hours.

XII. **BHB Research/Service Impact Survey – David Makin/Eleanor Downey:**

- No updates.

XIII. **BHB Sub-Committee Reports:**

CMH – Child Mental Health awareness week next month. Presentations will be broadcast and available to watch in Lewiston in Grangeville on May 12th and May 13th. May 12th at 1:30 pm Region 7 presenting on anti-stigma. May 13th at 11:30 am Region 2 presenting on infant mental health. May 13th at 1:30 pm Region 4 presenting roadmap to trauma informed care. Jen will send out the flyer when it is available. May 4th is the Jeff D panel presentation in Boise which will be recorded and streamed on-line. Suicide prevention is also another priority of the subcommittee.

Needs and Gaps – They are taking a look at a more effective use of the Needs and Gaps report and using it for committees to develop measureable goals and objectives. Eleanor will bring an analysis of this report and will assign sections to the committees at the May board meeting.

ABH – There is nothing new to report. They are looking at building a coalition in Idaho County. They missed a grant opportunity but are still moving forward. They are still working on a region wide resource guide.

Housing – Lisa Martin reported they are seeking out grants and doing research of opportunities. They are also looking for additional female sober living housing here in Lewiston. They are currently working with Rising Sun. Rosie said that H&W could possibly help with this. They are also partnering with the recovery centers for emergency housing, possibly vouchers.

Tele-Health – Recommended that Deborah Lind chair and see if Sara Bennet from Riverside Recovery would vice-chair.

Crisis Center – Joyce discussed the work that the Coeur d’Alene Crisis Center is doing and the money that is being saved. The committee will continue to move forward working to get a Crisis Center in Lewiston.

Budget – Should this be a financial committee to work on fund raising and grant opportunities. Will discuss at next meeting.

Nominating – Discussed earlier in the meeting.

By-Laws – Discussed earlier in the meeting.

XIV. **Next BHB Meeting:** May 12, 2016

XV. **Meeting adjourned at 3:30 pm.**

