

REGION II
Behavioral Health Board

MONTHLY MEETING MINUTES

August 11, 2016, 1:30 PM

State Office Building – Third Floor Conference Room

website: www.riibhb.idahopublichealth.com

Phone Conference (Call-In) Number: 208-799-4356; code 2100

I. Roll Call, Welcome, and Introductions

Board Members

X	John Allen	X	Beverly Fowler		Deborah Lind	X	Taylor Skye
	<i>Vacant SUD Parent</i>		Chris Goetz	X	Joyce Lyons	X	Laura Thayer
X	Scott Douglas	X	Jennifer Griffis	X	Lisa Martin		Marsha Wilson
	Eleanor Downey	X	Dr. Jefferson	X	Elizabeth Patzer	X	Teresa Wolfe
	Mary Evans	X	Mike Kingsley		Jim Rehder	X	Joyce Broadsword
X	Tammy Everson	X	Tom Lamar		Cathlin Stewart		Tom Stroschein

Others In Attendance: Perri Larson, Chloe Haugen (Sequel Alliance), Cindy O’Brien (A to Z Counseling), Tyler Ferrell (MH Court Graduate) Todd Hurt, Darrell Keim, Kirsty Smith and Jenny T. (Nez Perce Recovery Center), by phone: Chrystal Campbell (Division of Behavioral Health), Aaron Darpli, (Optum Idaho).

II. **Approval of March BHB Minutes:**

Motion to Approve– Skye T. moved and Tammy E. seconded. Board Approved.

III. **Financial Report (Carol M):**

Carol reports that a spreadsheet is included in packet showing what has been billed and received. Skye T. asks if being in negative is out of sync. Carol explains that Public Health carries the expense until IDHW pays invoices.

John A. moves to accept Financial Report. Skye T. seconds. Board Approved.

IV. **MH Court Graduate Presentation – (Lisa Martin)**

Tyler presents his Cognitive Behavioral Report on how to say “No” to drugs and alcohol. Tyler was in MH Court for 1 ½ years. He reports that it was a tough process: he had to stay clean and sober, impress the judge with progress, make all meetings. Now that he’s graduated he will stay on track by being part of ACT Team, staying in touch with court participants. He would be interested in Peer Recovery Support. His favorite part of slide show were the animations.

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V. **Optum Quarterly Report – No Report**

VI. **Subcommittee Needs and Gaps Process – (Tom L):**

Carol reported that the Sub-Committees are supposed to be working on their goals and objectives and email them to Perri by September 15th. None of the subcommittees report problems progressing on goals and objectives.

VII. **Recognize Teresa Wolf for Her Service on BH Planning Council – (Tom L)**

The Board recognizes Teresa for time spent on Planning Council. Teresa thanks the Board for letting her represent R2. She states it was a wonderful experience and reports that she was on the Council for 8 years. She is hoping that R2 will continue to have representation to the Council since there is such a wealth of information that comes down through the Council.

VIII. **Recovery Community Center Latah/Nez Perce Counties – (Darrell and Kirsti):**

Darrell passes around August calendar for Latah County. He specifically points out nationally recognized speaker who will present to the Center on September 11th. Much is going on – Darrell asks that we let clients know about the Recovery Center.

He also passes out Effectiveness of Recovery Services Report – they assess general quality of life, general recovery, and physical wellness. These are evidence-based assessments. The results are showing improvement across the line.

Darrell also announces that Latah County is starting an annual Latah Recovery Festival (October 1 at East City Park) – live music, speakers from the Moscow area. Expecting approximately 75 participants. Talk with Darrell if interested in being involved.

Kirsti reports that they are looking at a hard start in August. Workshops and classes started in August. First AA meeting was on Friday August 5th with 75 attendees. Made calendar available to Board Members. She also passed around NPCRC brochures and reports that they are looking at revising the Board. They are recruiting additional board members. First meeting will be August 16th at 9a.

She is in process of setting up meeting with KLEW to get more notice out to community. Mike also commends Kirsti and Jenny for their work representing Nez Perce Recovery Center. Lisa M. also reports that Kirsti and Jenny are putting together a roster of people who are interested in facilitating classes such as “Walking for Recovery”, etc. Nez Perce Recovery Center is also serving Asotin County. Tom recommends that Asotin County and the Tribe are also included because fund-raising from those two communities could help with sustainability.

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Mike K. reports that IDHW has stated that they will help support Hands Across the Bridge.

IX. BHPC Report -- (Jen):

Jen reports that the 2017 Block Grant are available for review and comment. Comments can be emailed to Terri Pappin at IDHW-BH. This is a good way for us to weigh in on how that federal funding can best be used to address BH needs across our region and state.

Next Planning Council meeting is Oct. 11th and 12th where they will be preparing to report and inform Legislature. Joyce B. asks Jen who will be replacing Teresa W. on the Planning Council. Jen reports that the positions were historically filled by Regional Behavioral Health Boards. However, now positions are now appointed by the Planning Council Executive Team. They fill positions based on their role (County Rep, Parent Rep, etc.) – similar to the way Regional Boards are filled. R2 currently has two positions on the Board so the Board is hoping to fill the position with a County Rep from Region 5 since they are under-represented on the Council. Other R2 Council member is from Kamiah and represents schools and the Tribe. He is unable to attend R2BHB due to conflicts in schedule.

X. BHB Research/Service Impact Survey – (David Makin/Eleanor Downey):

No Report. Joyce L. did state that she has talking points from Central Office.

- Jamie Teeter (IDHW-BH) is in charge of the Respite Care project. She will be putting out FAQ later this month.
- There is a workgroup reviewing SUD and Co-Occurring Assessment tools that can be used in place of the GAIN.
- Peer Support Conferences – North Idaho is in CDA on September 8th and 9th. Contact Laura Thayer (R2 IDHW-BH).
- Youth Empowerment Services – working with IFF to establish a Parent Network affiliated to support, coach, educate other parents accessing the System of Care. Contact Pat Martell. She will be at our R2 Board Meeting in October.
- BH Board Contracting Monitoring Survey needs to be in by tomorrow.
- Recovery Month is September – First ever Champion of Recovery and Award to recognize someone from the Recovery Community. Regions can submit their entries for consideration by the State for Champion of Recovery Reward.

XI. BHB Sub-Committee Reports

CMH – Jen reports that the IFF Parent Network Project is starting up. Looking for 2-3 participants from each Region. Meeting is October 3 and 4. Looking for a 6 month commitment.

Other Jeff D. update is that Tammy E. brought some thank you cards for the Board to sign. Idaho Youth Advocates has gotten a grassroots movement going to get the Youth Empowerment Services off the ground. The Thank-You Cards are to go to the Governor and they are asking for us to sign and mail the

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cards from us personally. This is a neat opportunity for us to participate in a statewide movement and keep the YES project going.

Working on finalizing their CMH Sub-Committee goals and objectives.

Needs and Gaps – No Report

ABH – Tammy reports that they are working hard on getting their goals and objectives done. They are ¾ of the way through that process. Hoping anyone that wants to participate in the ABH subcommittee are here for the subcommittee meeting next month.

Housing – Lisa reports that they had to reschedule their meeting this week. They pretty much have their goals and objectives done.

Tele-Health – No Report.

Crisis Center – The Crisis Center Subcommittee was invited to the SHIP Meeting this morning. There were representatives from most of the Critical Access Hospitals, St. Joe's and Clinics from each community. The subcommittee floated the ideas we have for a decentralized Crisis Center Model. Senator Schmidt told us that the details are now important. We invited the SHIP Participants to be part of our subcommittee as well. Tom clarifies that our Region needs to come up with what we want first and then look at what we may have to ask of the legislature regarding changes to the Code. Joyce B. states that it will be important for us to support the facilities that we want to involve and not get in front of the regional hospitals as they look that the process of developing Crisis Intervention Services. Tom L. states that in the meantime R1 Crisis Center is available for R2 counties to use as well.

Nominating – No Report

By-Laws – No Report

Legislative: Joyce B. reports that the Legislative Committee has not had a meeting for some time but are keeping them in the conversation loop with regard to the Crisis Center and other issues we're working on.

Tom L. adds that today the legislative workgroup that is looking at the Medicaid Expansion issue is meeting. Joyce B. reports that Dr. Epperly did a fantastic job of addressing why this is an issue and explaining that there are efforts out there to motivate patients to take ownership of their own health. He also talked about how SHIP PCMH's are the future for all Idaho patients not just Medicaid patients. Tom L. is very engaged in following this issue.

September 29th the Idaho Association of Counties is having a Behavioral Health Summit for elected officials and by invitation only. "System problems; County Solutions"

Darrell reports that there is a movement among the existing Recovery Centers to request continued funding for existing Centers.

XII. **Next BHB Meeting:** September 8th, 2016

XIII. **Meeting adjourned at 2:33 pm.**

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