

# REGION II

## *Behavioral Health Board*

### MONTHLY MEETING MINUTES

**September 8, 2016, 1:30 pm**

State Office Building – Third Floor Conference Room

website: [www.riibhb.idahopublichealth.com](http://www.riibhb.idahopublichealth.com)

**Phone Conference (Call-In) Number: 208-799-4356; code 2100**

**I. Roll Call, Welcome, and Introductions**

**Board Members**

X	John Allen	X	Beverly Fowler	X	Deborah Lind		Skye Taylor
	Vacant SUD Parent	X	Chris Goetz	X	Joyce Lyons	X	Laura Thayer
	Scott Douglas	X	Jennifer Griffis		Lisa Martin		Marsha Wilson
X	Eleanor Downey	X	Dr. Jefferson		Elizabeth Patzer		Teresa Wolf
	Vacant School District Rep		Mike Kingsley	X	Jim Rehder	By phone	Joyce Broadsword
X	Tammy Everson	X	Tom Lamar		Cathlin Stewart		Tom Stroschein

**Others In Attendance:** Perri Larson, Kirsty Smith and Jenny Teigen (Nez Perce Recovery Center), Dean Allen, Cynthia Nunez, Dan Pollick, Cindy O'Brien, Sharlisa Davis, Doug Havens, Eric Peterson, and Jennifer Shuffield. By phone: Rosie Andueza (IDHW-Central Office).

**II. Approval of March BHB Minutes:**

Motion to Approve– John Allen moved and Chris Goetz seconded. Board Approved

**III. Financial Report (Perri):**

Financial Report included in packet

**IV. Awards-Idaho Champion of Recovery Award (Darrell); Regional Advocate for Recovery Award (Tom)**

Joyce Lyons nominated Darrell for the Idaho Champion of Recovery Award for his work with the Latah Recovery Center. She also nominated Tom Stroschein for the Regional Advocate for Recovery Award for his work as an advocate for the Latah Recovery Center, Recovery Idaho and Crisis Centers in all areas. Rosie reported that Darrell received his award in Boise today at the award ceremony. At the event the Lieutenant Governor declared September as recovery month. At the BHB meeting next month will show the video of today's award presentation (if it is available) and will present Tom Stroschein with his award.

**V. Subcommittee Goals and Objectives update for Needs and Gaps – Eleanor**

All committees turned in their goals to Eleanor. The goals will now go to the Needs and Gaps committee. They will be used by the committee to develop the Needs and Gaps report to bring to the board in November.

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Eleanor reported that LCSC required the rights to Paper Tigers if anyone is interested in using it contact Eleanor.

Eleanor also reported that she has 14 graduate students that are needing research projects done by the first of December. Tele-Health Committee is looking at using one of the students for research. If any of the other committees are interested contact Eleanor. Also if you are an agency wanting something done see her also.

#### **VI. Crisis Center update – Joyce L.**

Joyce L reported that the last Crisis Center meeting was at the SHIP Regional Health Collaborative at Public Health. Joyce continues to meet with the local hospitals. Clearwater and St Mary's hospitals are interested.

#### **VII. Legislative priorities – Joyce B/Chris**

Discussion held regarding Legislative priorities for this year. Identified as possible Legislative priorities are:

- Medicaid Expansion will be a concern again this year. It was decided that it needs to be referred to as "Closing the Gap with a Complete Solution."
- Transport is a consistent concern. Chris watching what Oregon is trying. They are doing an experiment this fall in the bigger cities doing all their mental transport by ambulance. Justification is that it is a mental illness so it is a medical issue not a law enforcement issue, unless there is somebody who is completely out of control that needs to be restrained. They can then also bill insurance as any other insurance versus law enforcement has no recourse to bill insurance.
- Crisis Center
- Discussion held on the Housing HART Model (Home for Adult Residential Treatment). Rosie reported that they are in the process of designing it now. It is supported living integrated with behavioral health services for individuals with SPMI who are unable to live independently.
- Jeff D, now known as the Children Mental Health Reform (CMHR) Project or Youth Empowerment Services (YES), is going to remain a key legislative issue for the next 3 to 5 years.
- The BHPC will have a legislative toolkit before the November meeting.

#### **VIII. Recovery Community Center Latah/Nez Perce Counties – Board**

Latah Recovery Center: No report this month.

Nez Perce Recovery Center: Kristy Smith and Jenny T. had an interview with KLEW on Monday. Increase of people coming in the door needing assistance.

- Will be marching in the parade on Saturday to break the stigma around substance abuse disorder and behavioral health illnesses.
- September 13<sup>th</sup> and 14<sup>th</sup> an LCSC nursing student is going to be at the recovery center to check people's vitals that wish to participate. Then if needed will refer the individual to a provider such as CHAS, Snake River Clinic, and St. Joe's.
- Finally beginning to use recovery PEER services. People interested in having a recovery coach or someone to talk to who has experienced what they are dealing with.
- Have a statewide data team beginning to gather standard data by recovery centers and crisis centers. Gathering data on two different levels, social and economical.

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## **IX. Board terms/vacancy – Jim**

- December 31<sup>st</sup> we have seven positions that will meet their first term expiration time. The positions expiring are the three County Commissioner or Designee positions, one IDHW employee position, the Law Enforcement Office position, School District Representative position, and Private Provider of Mental Health Services position. Applications need to be filled out in December. In January after the expiration the executive committee will meet and sort through the applications and then come forward to the full board with recommendations. One slot is currently vacant as of Tuesday, the School District Representative position that was held by Mary Evans. Cynthia Nunez is interested in the position. She introduced herself to the board at which time she gave a brief description of her background and experience. She turned in her application to Jim yesterday. Jim recommends that the board look over the application and act in October to vote to have Cynthia fill the position right away. She would then reapply in December. Jennifer G. agreed otherwise would lose a whole quarter of school representation.
- Joyce B. reminded the board that the three County Commissioner or Designee positions are selected by all five counties so they all have the option of putting their recommendation forward. It is not just the three counties that are represented at this time. All five counties will need to be notified that these positions are open in December.
- Also currently still have a vacant position the Parent of a Child with SUD. Child has to be under 18 years of age. Someone having current experience navigating the system. Discussion held where to locate an individual for this position.

## **X. BHPC Report – Jen**

- Fall Behavioral Health Planning Council meeting is October 11<sup>th</sup> and 12<sup>th</sup> in Boise. With that meeting they are going to create an opportunity for the Regional Behavioral Health Board to participate in a portion of the meeting via a conference call. There will be discussion of how the planning council can support the regional behavioral health boards. Details about the time and conference number will be sent to board leadership later this week.
- There are several paper tigers viewings that have been scheduled around the state. Moscow scheduled September 28<sup>th</sup>. They are also looking at getting one scheduled in Grangeville in November.
- Parent network workshop is being held in Boise October 13<sup>th</sup> & 14<sup>th</sup> related to the new children's mental health reform project. There is still one slot available to a parent from Region 2. There is no one going from Moscow or Lewiston. Jennifer is going from Grangeville and another person is going from Kamiah. It is an overnight trip and the State will pay for travel. The meeting starts at noon on the 13<sup>th</sup> and ends at noon on the 14<sup>th</sup>.
- Idaho Caregivers Alliance has a class, powerful tools for caregivers. Region 2 was able to train four people for this. Class designed to speak to caregiver's needs all across the life span. There are trainers and classes in Region 2. The Area Agency on Aging houses the classes right now so that is who you would contact for Lewiston. In Grangeville you would contact Syringa for information about the class.

## **XI. BHPC Research/Service Impact Survey – David Makin/Eleanor Downey**

- Nothing to report at this time.

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## **XII. Subcommittee Reports:**

- **Children Mental Health:**

- Finalized their goals to Eleanor. All opportunities they lined out for the year looking good. Continue to support the children mental health reform, and paper tigers. One thing still up in the air right now is respite. There are still many questions regarding respite care. Discussion held on respite care that is being done throughout the State.

- **Adult Behavioral Health:**

- Tammy submitted needs and gaps added some today so will be sending update to Eleanor. This month is suicide prevention awareness month. St Joe's is having a walk this month for suicide awareness. Eleanor will send out more information. Hands Across the Bridge is Friday the 16<sup>th</sup> at 5:30 pm at Brakenbury Square. Drug take back program on September 19<sup>th</sup> at the LCSC library parking lot from 10:00 am to 2:00 pm.
- Tom shared that in Moscow October 1<sup>st</sup> in honor of the National Mental Health Awareness month, Latah recovery festival in East City Park from 6:00 pm to 10:00 pm.

- **Housing**

- No report this month.

- **Tele-Health**

- Deborah reported they worked on needs and gaps. They are working on Survey of barriers to access tele-health. Will be working with Eleanor and one of her students on this survey.

## **XIII. Announcements:**

- Rosie discussed the Idaho Youth Treatment Program using the A-CRA (Adolescent Community Reinforcement Approach) SUD treatment that is evidence based practice. Opportunity for local area schools to have staff trained in this two-day training. There are still slots available for individuals to take this training. Grant money is available to cover cost of training and also for incentives available to the School District. Rosie will send out information regarding this program.
- Dan Pollick discussed program P&P is working on getting wrap around services people to come and introduce themselves at orientation so that someone walking out of the jail has information regarding adult mental health services, Snake River Community Clinic, and any other wrap around services available.

## **XIV. Next BHB Meeting: October 13, 2016**

## **XV. Meeting Adjourned at 2:50 pm.**

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