Adult Mental Health Service System

Individuals receiving services direct their own care and define their own recovery.

Services are provided in a clinical setting (office) or in the community.

The treatment is strength based and consumer driven.

**Population Served**

Any individual 18 years of age or older who has a severe and persistent mental illness and who meets the following criteria:

* A diagnosis of schizophrenia, schizoaffective or other psychotic disorder, delusional disorder or borderline personality disorder; and;
* This psychiatric disorder must be severe enough to cause a disturbance in performance or coping skills in at least two of the following areas, on either a continuous or an intermittent (at least once per year) basis: Vocational/academic, financial, social/interpersonal, family, basic living skills, housing, community or health.
* Clients must be unable to receive services in the community for example, not have insurance or have an ability to pay for private services. We will provide crisis and referral services to anyone who requests it.

**We also serve:**

* Any individual 18 years of age or older who is experiencing an acute psychiatric crisis, including being suicidal and/or a threat to others and who may end up in an inpatient psychiatric facility if mental health intervention is not provided promptly.
* Short-term treatment or intervention for up to 120 days can also be provided.

**Three categories of services available in Idaho for adults with serious mental illness:**

* State provided mental health services;
* State hospital services for persons committed to the state; and
* Community-based and inpatient mental health services in the private sector.

**State Provided Community Mental Health Services:**

* Screening
* Case Management
* Crisis Intervention
* Psychosocial Rehabilitation
* Assertive Community Treatment
* Psychiatric Services
* Short-Term Mental Health Intervention
* Assessing for involuntary treatment and possible referral to a state hospital.

**Mental Health Court:**

Region 2 has three Mental Health Courts

* Clearwater county 6 participants
* Nez Perce county 15 participants
* Latah county 11 participants
* Capacity for 35 clients

**State Hospital Services**

Idaho’s two state hospitals are located in Orofino (State Hospital North) and Blackfoot (State Hospital South).

Acute, intensive psychiatric services are provided around the clock to stabilize symptoms of acute mental illness for persons committed to the state, and to prepare those individuals to return to community-based care.

**Private Sector Services**

Individuals who have access to Medicaid and insurance have the ability to receive services through private agencies or hospitals.

* Case management
* Psychosocial rehabilitation
* Counseling
* Inpatient Psychiatric

Region 2 Statistics

**Staff**

* 3.5 Administrative Assistants
* 1 Nurse
* 5 Clinicians
* 1 Psychosocial Rehabilitation Specialist
* 1 Clinical Supervisor
* 4 Contractors (Dr.’s, Nurse Practitioner & Nurses)