

REGION II
Behavioral Health Board

MONTHLY MEETING Minutes

May 14, 2020-- 1:30 PM

Public Health

Zoom Conference Meeting due to COVID-19 restrictions

website: www.riibhb.idahopublichealth.com

Zoom Conference Link: <https://us02web.zoom.us/j/89584733573?pwd=NXRvN2F4UnNzNFEM1TkFvN0VnVnI2dz09>

1. Roll Call, Welcome, and Introductions—

Board Members

x	Sara Bennett	x	Sharlene Johnson		Tammy Lish-Watson		Jenny Teigen
	Lisa Bomley	x	Darrell Keim	x	Lisa Martin		
x	Terema Carlin	x	Diane Kovach	x	Mike Ponozzo		
	Megan Comstock	x	Shari Kuther	x	Jim Rehder	x	Dean Allen
	Kathy Connerley	x	Kathie LaFortune	x	John Rusche		Todd Hurt
x	Beverly Fowler	x	Tom Lamar		Teresa Shackelford		
	Chris Goetz	x	Deborah Lind	x	Skye Taylor		

Others In Attendance: Zoe Cooley, Elaine Dufford, Cindy O'Brien, Wendy Stoneberg, Tammy Everson, Stephanie Biedman, Maja Ledgerwood, Carol Ellis, Lee Burkett (phone), Sharlisa Davis, Mindy Oldenkamp, Heidi Burford-Bell, Tom Stroschein, Jen Griffis

2. **Approval of April BHB Minutes (Action Item)**—motion to approve by Darrel Keim, second my Mike Ponozzo. Point of correction by Shari Kuther, as her name was spelled incorrectly.
3. **Financial report—Carol/Perri**-- Perri report no additional expenditures.
4. **Appointment to BHB to fill vacancy—Board (Action Item)**-- Pam Lopardo has applied, the nomination has been run through the executive committee and there were no objections to move the application to the full Board. Deborah Lind motion to approve, Sara Bennett second. Motion approved.
5. **Officer Election process/Ex-Officio appointment preparation**—Mike P--Nomination committee recommended the following— Board Chair – Jim Rehder , Vice Chair– Tom Lamar, Lisa Bomley- secretary, At large – Beverly Fowler, Tammy Lish-Watson. These board positions will be open to others and voted on next month.
6. **NAMI update—Sharlisa Davis**—The state organization had been working on a conference in May in Boise, but it has been postponed until the fall season. They are still actively working at the state level. Sharlisa is currently acting as the Treasurer. NAMI is working on a support group, like Zoom, along with a newsletter. Locally LAMI was disbanded and they are now called NAMI-North Central Idaho, and they are finalizing their affiliation process. Lee Burkett and Zoe Cooley are both involved in the local organization. Lee Burkett has been running a family support group. They are hoping their official affiliation will be approved soon. They will be able to accept donations. Jim asked how to get information out for those who want to donate. Zoe Cooley agreed to send information to Jim Rehder so the information can be disbursed.

7. **Reduce telehealth restrictions for expanded services--Stephanie Beidman--**Stephanie requested information about how a LMSW can continue to offer telehealth services without the clinical licensure. Stephanie spoke with Karen Kopf and it was recommended that she present to the BHB to work together to approach Medicaid. John Rusche discussed applying for a waiver through Medicaid and reaching out to the legislature in the form of a letter. Jim discussed beginning to draft a letter to Matt Wimer, with Medicaid to include expansion for LMSW, CADAC, and LPC. Cindy 'Brien clarified that the rules are around the licensure rules for those who require supervision. Maja Ledgerwood requested a copy of the letter be sent to the board so she can forward it to others that would like to participate in the discussion. Jim requested that those with knowledge about the issue, send him information and he will complete the letter within the week.
8. **May is Mental Health Awareness month—award to Zoe Cooley—Board—**Jim Rehder discussed the nomination of Zoe Cooley as she was awarded with the Mental Health Awareness award. Zoe thanked the board.
9. **Budget preparation discussion for June approval—Carol--** The budget should be presented in the June meeting, as Carol was unable to attend.
10. **CIT schedule and financial support—Laura--** Laura Thayer was not present but Sara Bennett reported that the plan is for CIT to be held in October or November.
11. **Update on DHW services during pandemic—Teresa—**Theresa and Todd were not able to attend. Teresa provided the board with a write up about the services being provided during the pandemic. Jim provided the board with the written report.
12. **Recovery Community Center Latah/Nez Perce Counties – Board--** Darrel reports the crisis center is open and running as usual. Latah county has been moving their meetings onto Zoom, and their calendar is published on their website. Darrell reports that \$55,000 from the legislature has been confirmed. Latah will be hiring an employee to do outreach in the community and on the University. Tammy was unable to attend due to a training. Stephanie reported that the Nez Perce recovery center received some additional funding for their Shelter in Place program.
13. **BHB Subcommittee Members, Reports and Board Discussion**
 - CMH**—No update provided
 - ABH**—No update provided
 - Housing**—Lisa Martin reports they met on Monday May 11th. There is a parsonage in Orofino and they are discussing opening up for a rental in the community for homelessness. Chris St.Germane sent an email about grants that are COVID related. Lisa will forward it to Jim and he can forward it to the board. St. Vincent in Clarkston has been closed and they may open on May 15th. Community action received funding to assist those who are struggling with their rent.
 - Telehealth**—Dean Allen reports that the committee has not met in the past 2 months. He is working to reschedule part 2 of their telehealth training in June as they are looking for a meeting place at one of the local hospitals. He will provide an update at the June meeting. Dean discussed the loosening of the telehealth restrictions, especially related to confidentiality. Dean discussed the major growth in telehealth services due to the pandemic. Shari reports that at both hospitals the behavioral health providers have been offering telehealth services. They still offer face to face as needed. They are hoping to explore how to continue these services.
 - Prevention**—Sharlene reports that committee has not met. The prevention grant's budget was finalized. The two changes: monthly webinar and a two day training for law enforcement, professionals and family. Due to COVID they were not able to implement their spring campaigns and

they are working to do different media campaigns. The survey results were disappointing as only half of the BHB completed the survey. The current grant is 5 years and they are going into year 3.

14. **Public Input**-- Tom Lamar asked about the crisis center numbers. No specific details were provided about the numbers.

Wendy Stoneberg with Optum Idaho reports an email about Mental Health Awareness month, regarding Hello Idaho. This campaign has been pushed back, it will be some virtual. They are partnering with PsychHub to offer healthcare tips, etc. Optum Idaho is looking at providing a quarterly newsletter about what is happening in the communities. Tammy completed Youth Mental Health First Aide training with 14 trainers. All in person conferences have been cancelled. Empower Idaho is doing their peer support conference, and it will be virtual.

15. **Next BHB Meeting – June 11, 2020**

16. **Meeting Adjourn**—Meeting adjourned at 2:17PM