

REGION II

Behavioral Health Board

MONTHLY MEETING MINUTES

January 12, 2023-- 1:30 PM

Zoom Conference Meeting

website: www.riibhb.idahopublichealth.com

Zoom Conference Link: <https://us02web.zoom.us/j/88503317209?pwd=dllvRmJwUIBYdnREanY4eWhhOVZ3Zz09>

1. Roll Call, Welcome, and Introductions: Call to order

	Dianne Baumann	x	Shaun Hollace	x	Pam Lopardo	x	Jenny Teigen
	Don Beck	x	Shaun Hogan	x	Tammy Lish-Watson	x	Laura Treat
	Sara Bennett		Sharlene Johnson		Lisa Martin		
x	Megan Comstock		Beverly Kloepfer	x	Shawn McDowell		
x	Beverly Fowler	x	Shari Kuther	x	Michelle Mendenhall		
	Chris Goetz	x	Kathie LaFortune		Summer Overberg	x	<i>Theresa Shackelford</i>
x	Theresa G Gimmeson	x	Tom Lamar	x	Jim Rehder		<i>April Christenson</i>

Caitlin Rusche Amanda Holcomb, Jocelyn Elvira, Ryan Soukup, Laura Thayer, Sharlisa Davis, Kaylie Bednarczyk, Michelle King, Karen Kopf, Elaine Dufford, Wendy Norbom, Medical Network Support, Tammy Everson, Liza Ruys

3. **Approval of December BHB Minutes (Action Item)** Motion to approve by Pam Lopardo, second Shaun Hollace, no discussion and motion carried unanimously.
4. **Financial report**—Carol/Perri-- \$10,738 left in the activities fund per Perri report.
5. **Reg II North Idaho Critical Incident Stress Management team training funding**—Board (Action Item) Request by Shari Kuther for \$2,500 for training for first responders. Motion to approve by Pam Lopardo, second by Michelle Mendenhall, no discussion, motion carried unanimously.
6. **Extension for Community Health Outcomes (ECHO)**—Jocelyn Elvira: Here to talk about the ECHO program and what is currently offered and what is coming up. A virtual community for Idaho's Healthcare workforce. Offered to primary health care physicians and other specialty programs for ongoing training and specialty discussion topics. Currently offering a variety of topics and are rolling out new programs for this year. Currently offering a variety of CEC options for those who are in attendance. The goal of this program is to upskill providers in their delivery of care. ECHO is easy to join by visiting the website (<https://www.uidaho.edu/academics/wwami/echo>) and receiving the weekly programming. Board Feedback: Amanda Holcomb noted the benefit of the presentation of patient cases and the ability to reach out to other specialties and providers to feedback and guidance. April Christianson reported the X waiver is going away, but the training is very helpful and informative, but with the waiver program going away, any prescriber can prescribe suboxone.
7. **Crush the Curve Idaho website service**—Eliza Ruys with Medical Network Support and Crush the Curve Idaho. Currently working on an initiative to help people who are unable to access or know where to go to find professional services in a variety of different treatment modalities throughout the state of Idaho. The website is crushthecurveidaho.com. This website is focused on being a resource for any mental

health need present in the community. Board feedback: Jim reported this is something we have been looking to have one place to find community resources that is easy for anyone to look up.

8. **Point in time homeless count**—Michelle King: Once a year count of the number of people who are unsheltered. The program has very specific requirements for who can be counted in their numbers of who they consider homeless. The day of the count is January 25 for the count and the program has 7 days to generate the report. Previous counts have gone up and down with the impacts of COVID. The goal is to count as many people who fit into the category so we have an accurate count. Those who participate in the survey are able to receive a stipend of \$10 for WinCo if you live in Lewiston or Moscow area or \$10 at Pizza Factory or Kloningers if they live out in those areas. Still need people in the Grangeville area to participate in the count. Don't have anyone specific who are out in the rural counties in Idaho County to conduct the count. This is not just a survey, but a discussion with the individual and then a connection of potential resources in their area.
9. **Appointment of Nominating committee chair**—Board (Action Item) Don Beck is not currently present to discuss this, but he accepted Jim's invitation to be the chair of the Nominating Committee. Motion to approve Don Beck as Nominating committee chair by Jenny Tiegen, Tom Lamar second, no discussion, motion carries.
10. **Legislative update**—Kathie/Tom/Chris/Jim: Kathie reported Tom would be the individual who can provide an update since he is a member of the Idaho Assoc of Counties Legislative Committee. No items that would directly affect BHB duties at the Idaho Association of Counties meeting. Legislative committee meeting is next week in Boise or over Zoom and Tom Lamar will attend. Jim asked Tom to share the BHB legislative priority list with the IAC legislative committee; Tom said he would. Board discussion and one question brought up by Jenny Tiegen regarding the Opioid money coming into the States and Counties. One topic on a vape tax will be brought to discussion in the legislature, which may be something for the behavioral health community backing this type of tax.
11. **Recovery Community Center Latah/Nez Perce Counties**—Shaun/Shaun: Shaun Hollace is working a variety of things, trying to get the warming tent up in Lewiston. Jumping through the hoops to get that set up for use. Looking at the possibility of moving Recovery Center to another building. Shaun Hogan, reports staying busy and working with the reentry program and working with the ongoing activity in the jail. Vandal recovery at the U of I for students in recovery. Over the past 12 months there have been over 8,000 client contacts. Continue to offer Recovery Coach sessions each month and continue to have a lot of volunteer hours each month. Have been conducting a variety of harm reduction techniques in the community. Tammy Everson reported she continues to work on finding a building in Idaho County to provide crisis/recovery/counseling services.
12. **BHB Subcommittee Members, Reports and Board Discussion**
 - CMH: Continue to work with schools to meet the rising needs within the community as youth return to school from the break.
 - ABH: How to move forward with the library grant to provide telehealth and how to work on transportation within the communities.
 - Housing: No update provided today.
 - Prevention: Working on some flyers and Webinar that are available and are open for anyone to attend. Will send out flyer for everyone to share. Several activities going in Kamiah and Orofino with regards to youth. Anti-stigma campaign is being worked on at this time and will come out soon.

Jim asked subcommittee chairs to review who participates and who is not to edit their committee groups and seek others who would like to participate and join the subcommittees.

13. **Public Input:** Jenny will be the new chair of the State Planning Council succeeding Kim Hokansen. The meeting will be in February, but the date is not specified yet. Received data from the strategic plan and will look at how to implement that. Finishing up the Governor's report on the block grant funds. Safe Teen Assessment center is up and going for ages 12-17 at the Youth Resource Center. Wendy from NAMI Idaho, is offering some trainings for Peer Support and more information can be found on the NAMI website. Karen Kopf reports telehealth is still an option for individuals under the emergency extension. Karen reports Optum has filed an appeal to the ITN and provided some information on where to gather more information.

14. Next BHB Meeting – February 9, 2022

15. Meeting Adjourn