# REGION II Behavioral Health Board

# MONTHLY MEETING MINUTES February 9, 2023-- 1:30 PM website: www.riibhb.idahopublichealth.com

Zoom Conference Link: https://us02web.zoom.us/j/89458586062?pwd=UIA1Nk5IUHEydFY4VHF4QzZLem80dz09

1. Roll Call, Welcome, and Introductions:

x	Dianne Baumann	х	Theresa Graeber-Gimmeson	х	Tammy Lish-Watson	х	Jenny Teigen
х	Don Beck	х	Shaun Hollace	х	Pam Lopardo	х	Laura Treat
х	Skip Brandt	х	Shaun Hogan	х	Lisa Martin		
х	Sara Bennett	х	Sharlene Johnson	х	Shawn McDowell		Ex-Officio
х	Megan Comstock	х	Beverly Kloepfer	х	Michelle Mendenhall		Theresa Shackelford
х	Beverly Fowler	х	Shari Kuther	х	Summer Overberg	х	April Christenson
	Chris Goetz	x	Tom Lamar	x	Jim Rehder		

**Others in Attendance:** Caitlin Rusche, Ryan Hoseid, Laura Thayer, Amanda Holcomb, Sharlisa Davis, Cindy O'Brien, Tammy Everson, Starr Shepard, Karen Kopf, Brianne Hoffman, Kaylie Bednarczyk, Joyce Lyons, Jennifer Schuffield, Elaine Dufford

- **2.** Approval of January BHB Minutes (Action Item): Motion to approve by Lisa Martin and seconded by Sharlene Johnson. No discussion. Motion passed.
- **3. St. Joe's Hospital BH services update—Brianne Hoffman:** Brianne Hoffman reported the hospital is currently under construction. At this time half the unit is finished. They are able to take 7 patients and they are rooming two patients. The full remodel is projected to be finished at the end of May and will increase the patient census to 20. They are looking for 2 NP's so they can serve 20 patients. Staffing needs are currently met.

Lisa Martin asked about the remodel of the inpatient unit. They are replacing the beds so they are ligature resistant and getting new floors and paint.

- **4.** Financial report—Carol/Perri: Perri sent the information, currently \$8,238 balance remains for this fiscal year. Not much has been spent. Kamiah high school has requested \$2200 and hoping to bring it to the board in March.
- 5. Affirm Commissioner Brandt to BHB to fill vacancy after IAC appointment—Board (Action Item): Idao County Commissioner Skip Brandt was appointed to the Region 2 Board by the Idaho Assoc of Counties. Motion to affirm his appointment by Tom Lamar, seconded by Beverly Kloepfer. No discussion. Motion passed.

Skip provided a brief introduction—He served on the state Senate H&W committee for his 6yrs in 2001-07 and chaired the committee for 2yrs; this is great experience for our Board. Beverly Kloepfer provided a brief introduction of her professional experience as a BH Licensed Nurses Practitioner and her current work in Behavioral Health as this was her first meeting.

6. Rural Crisis Center Network quarterly report update—Joyce Lyons: Joyce reported there was a high proportion of homeless individuals being served currently. During the first 3 quarters of 2022, NPC only saw 74 patients, 324 were served in Latah county. There is an intern in Latah county that has been offering services through Latah County. Clearwater county served 100 in the first 3 quarters. Continue to serve a majority of a white population, 24% have Medicaid coverage, 29% has no insurance benefits. January 2021-September, 264 contacts same period 526 contact in 2022. Some areas where billing is not available for services provided. Continue to work in Grangeville to find a facility to serve individuals.

Applied for a youth crisis center grant but it was not funded.

Jim discussed the ongoing efforts to find a crisis, recovery and counseling center location in Grangeville. Tammy Everson reports there is still no location available and there is limited staffing. It's a great advantage to have Commissioner Brandt on the Board to help identify facility opportunities and community support for the needed service for Idaho/Lewis counites. The last area in our region to have BH crisis, recovery and counseling services.

- 7. IDOC offender program update report—Summer Overberg: Summer reported they have been working with GEO for the past year and a half. There was a recent graduation where 12 individuals graduated. This is a program offered for high risk and high needs offenders. Treatment needs are currently being met with community providers. She gave a shout out to Shaun Hollace for re-entry services. They have re-entry specialists prior to their release from prison to help get connected with services and housing. Housing is a struggle in the region and they do offer some funding for 30 days. Affordable housing is a challenge in our area.
- 8. Mental Health Advocate nominee for May Mental Health month—Board: Jim asked board members to think of a person to nominate for the annual regional MH Advocate of the year; the goal is to have someone identified by April Board mtg. Jim will provide further information to the board as it becomes available.
- **9. Legislative update--Tom/Chris/Jim:** Jim reported the Governor's office has recommended funding for Recovery centers, totaling \$600,000 as his office did last year. Recovery Idaho, Jim and others were successful last year securing \$300,000 more which funds \$100k to the 9 Recovery Centers. This was a surprise and is a challenge again for this legislative session to secure this necessary funding.

Medicaid expansion will continue as is for now. There will be cost savings explored.

Sheriff Goetz sent an email to Jim stating—"House Bill 61 is addressing tele-health and I think it looks okay. It will allow licensed practitioners from outside the area the ability to provide tele-health services in Idaho. Could you have some of our practitioners look at it? Here is a link:<u>https://legislature.idaho.gov/wp-content/uploads/sessioninfo/2023/legislation/H0061.pdf</u>.

**10. Recovery Community Center Latah/Nez Perce Counties—Shaun/Shaun:** Shaun Hollace reported the NPC Recovery center has been staying open 24 hours. They are very busy. The recovery houses are going to be a pilot project and he will provide additional information later. They have been doing consistent outreach to homeless individuals.

Shaun Hogan reported in Latah county they are planning the annual fundraising breakfast, March 1<sup>st</sup>. The Oxford House is full and doing well. They have 1 year with the re-entry program and have worked

with 34 people to get back into the community. Sharlisa asked if they are looking for captains for the tables for the annual fundraiser, and he reported that they are.

## 11. BHB Subcommittee Members, Reports and Board Discussion:

--**CMH:** Laura Thayer reported no new update as they did not meet. The next meeting is March 9<sup>th</sup>. --**ABH:** Pam Lopardo reported they met today and discussed Idaho and Lewis County Crisis and Recovery Center resources. Syringa has worked on contracting for telehealth for medication management and long term counseling. Amanda Holcomb is doing some short term counseling in Idaho county. Shari Kuther discussed different options they have for getting medications to the adult and child population. Concerns about how long it takes to get children out of hospitals and into treatment placements.

--Housing: Lisa Martin reported they met in January. They have had an increase in partners participating. Michelle King reported volunteers for the point in time count—we look forward to the Homeless Count report. Idaho Housing stopped accepting applications for one of the programs that was helping those with addictions. Shaun Hollace reported the warming shelter tent is held up by the insurance companies sorting out the details, between First Step 4 life and the property owner. The past few weeks First Step for Life Recovery Center has been open 24 hours and they have averaged 9 people a night.

--Prevention: Sharlene reported Orofino and Kamiah are starting spring session of Strengthing families. Kamiah will be offering Esper training, with 30 spots. ODP is offering a sustainability training as this is the last year of the PFS grant. Block grant is open for prevention funding. Kaylie has positive social norms campaign. Running ads and have posters. Will be doing coffee sleeve and billboards for spring break, summer and how to socialize safely. Mental health first aid training will be getting scheduled. Jim asked questions about the sustainability plan for PFS grant as the 5yr grant expires June 30 of this year.

**12. Public Input:** Starr Shepard with BPA Health reported that in partnership with Idaho Lives to offer assistance. They are also searching for a clinical individual in the area. Beverly Fowler offered feedback for a local event connecting with parents. Pam Lopardo discussed Kris Saldana as a resource for connecting with SPIN. Laura Thayer discussed Children's mental health resources. Starr will provide information to the board. BPA Health is having a community discussion flyer that she will provide to the board.

Sharlisa is doing a mental health event in the Moscow area and anyone who is interested can reach out to her.

### 13. Next BHB Meeting – March 9, 2023:

### 14. Meeting Adjourn: 2:30pm