REGION II Behavioral Health Board

MONTHLY MEETING MINUTES

May 11, 2023-- 1:30 PM

website: www.riibhb.idahopublichealth.com

Zoom Conference Link https://us02web.zoom.us/j/89396127737?pwd=T0UwY05HMURZT1h3ckhqTDVSV0UrUT09

1. Roll Call, Welcome, and Introductions

	Dianne Baumann	х	Theresa Graeber-Gimmeson		Tammy Lish-Watson		Jenny Teigen
х	Don Beck		Shaun Hollace	х	Pam Lopardo	х	Laura Treat
х	Skip Brandt	х	Shaun Hogan	х	Lisa Martin		
Х	Sara Bennett	Х	Sharlene Johnson		Shawn McDowell		Ex-Officio
х	Megan Comstock		Beverly Kloepfer		Michelle Mendenhall	х	Theresa Shackelford
Х	Beverly Fowler	Х	Shari Kuther	х	Summer Overberg	Х	April Christenson
	Chris Goetz		Tom Lamar	х	Jim Rehder		Lori McCann

Others in Attendance: Carol Moehrle, Mary Wright, Cindy Harris-Lindauer, Tiffany Prochaska, Wendy Norbom amanda Holcomb, Mark Hand, Stephanie Beidman, Ryan Soukup, Karen Kopf, Lexi Brown, Stacey Rosecrans, Darrell Keim, Kaylie Bednarczyk, Tammy Everson, Elaine Dufford, Dustin Hibbard, Shaun Waldron, Lisa Ruys

- **2. Approval of April BHB Minutes (Action Item):** Motion to approve made by Lisa Martin, seconded by Shari Kuther. Motion passed.
- **3. Financial report—Carol/Perri:** The Critical Incident Stress Management (CISM) team project was funded by a donation of \$2500 and did not need the BHB requested funds. The carry-over fund balance is \$7,678 to FY24. All invoices for funds must be in place by May 31st to be funded for this fiscal year. No questions about the financial report.
- **4. Ex-Officio Board appointment—Representative Lori McCann—Board (Action Item):** Representative Lori McCann has been communicating with Jim Rehder and she reports being interested in learning more about Behavior Health and being an Ex-officio member. Shari motioned to appoint Lori as Ex-Officio member, seconded by Skip. No discussion on the motion. Motion passed.
- **5.** Reg 2 Mental Health Advocate Award presentation—Anna Guida: Cindy Harris-Lindauer was presented with the Region 2 Mental Health Advocate award. Mary Wright with Empower Idaho read the nomination letter and award to the board. Cindy thanked the Board for this recognition. The Board applauded Cindy for her work and award.

- **6. Board officer nominees—Don B:** Don reported next month we will discuss board officer nominations. Beverly Fowler would like to stay at-large, Jim will continue as board chair until another Board member will take on the chair role. Anyone interested in being an office can connect with Don about remaining in their current positions or others can contact Don if they are interested in being an officer.
- **7.** Rural Crisis Center Network quarterly report update—Joyce Lyons: Joyce reports the crisis center have been busy but relatively quiet. Interns are switching with the end of the semester. Contracts have been extended and they are waiting on the new managed care contract. Joyce will give a full report at the June BHB mtg.
- 8. Reg 2 BH resource website development—Board/Joyce/Laura/Liza: Will follow up next month.
- **9. Budget preparation discussion for June approval—Carol:** Carol reported that \$7655.06 will be carried over for next year. There is a \$50,000 contract for Behavioral Health Boards with Health and Welfare. Next year there will be additional carry-over funds for the board's discretion.
- 10. Idaho/Lewis counties crisis/recovery/drug court update—Joyce/Lisa/Tammy Everson/Jim: Lisa reported there is discussion about a drug court on the Prairie. Currently some barriers with funding for a part-time coordinator, probation funds for officers in the area, and drug testing ability/costs. No proposal currently for a Lewis or Idaho county program. A request would have to be put together and sent to the State, and this takes 6 months to 1 year to get approved. Summer Overberg reports they currently do not have a satellite office in that area and it is covered by one Probation officer, Tim Magill.
- **11.** Legislative update Tom/Chris/Jim: Jim discussed the Naloxone decision and working with Health and Welfare to get some distribution done.
- **12. Recovery Community Center Latah/Nez Perce Counties—Shaun/Dustin:** Shaun reports Latah county is planning to rebuild the Oxford House, starting soon. They have hired a new volunteer coordinator. They have a new Master's level intern to offer transitional counseling until they can get in with a provider.

Stephanie Beidman, member of the First Step 4 Life Board, thanked the board for the rent payment. Still temporarily closed and looking for people to interview for the director position. Dustin is planning to put out an advertisement for the director position. They will be closing the Orofino Center as there are limited funds. They just received some funds to cover expenses. Lisa asked if they are still open for recovery meetings, and it is reported they are still welcome to be there for those meetings. Theresa Graber-Gimmeson reported she was confused as a local meeting was not allowed to meet and she was hoping for some clarification. Stephanie reported there were struggles with meetings not paying rent and this could be related to the problem. Gem County Recovery Center also has questions about recovery meetings being allowed. Lisa asked about an email to local community about what they are needing and what the community can do to support the recovery center. Gem County asked about employees who have back wages owed to them and when that will be paid. Gem County had also asked about helping but was unable to get any information back from Dustin. She reported she felt the director was thrown under the bus in the last board meeting, according to the minutes. She is cautious about assisting and offering support. Jim discussed wanting to find a way to get First Step 4 Life back up and

asked for a list of needs/priorities to start services. Lisa asked about the communication with Latah County and assistance they have offered.

13. BHB Subcommittee Members, Reports and Board Discussion:

- -- CMH: No update provided
- --ABH—Telehealth in Libraries initiative that was started by the Idaho Commission for Libraries and the Upgrade Your Space with Help from DHW to help libraries create private, digitally enhanced spaces that can be used for telehealth, and other purposes when in use for telehealth services. Amelia Valasek, Melia-Vavlasek@libraries.idaho.gov, is the contact with the LCfL and Rachael Masaitis, Rachel.Masaitis@dhw.idaho.gov, is the contact with DHW.
- **Housing**--Oxford House staff reports that they're planning on purchasing 2 house, one that will be for men and another for women
- -- The Lewiston School District continues to see homeless families with most of them living in motels.
- -- Union Gospel Mission continues to move forward in their donation campaign to set up a shelter in Lewiston
- --Prevention: Get Healthy Idaho community-based funding opportunity to be released May 15 by Katie Lamansky (DHW). Reg 2 Annual PFS Report emailed out to the committee. Sustainability of PFS Programming where some activities will be sustained through other PH-INCD grants or partners, looking into other funding sources for the remaining activities. Positive social norms campaigns last month of social media, graduation campaign running, summer campaign in June. Trainings--DITEP training May 26 in Kamiah. RX Take Back Day Data TBD; waiting to hear back from LE on amounts. We had more participants. Summer Youth Conference Northwest Alcohol Conference (NOWAC) July 24-25. Reach out to Sharlene for details on funding opportunities for youth to attend the youth track. Program/Organization Updates-- UYLC Skatepark grand opening on Saturday was huge, Youthfest June 10, Strengthening Families is wrapping up this month, Botvin Lifeskills in Schools, Community Garden is going really well, continues to hand out Narcan, Lock Boxes and Deterra pouches. CYA block party June 24, Renaissance festival in August, youth to iDFY IYS, working on revamping youth center, strengthening partnership with school. DOPP is holding Narcan trainings. ODP Statewide Scan of prevention services. Stickers got social norms project. The current project goes through September.
- **14. Public Input:** Tiffany Prochaska represents the contract monitor from Health and Welfare along with Sean Waldron. Stephanie Beidman discussed Stonebridge Reentry Services and the upcoming fundraiser. They are working with individuals coming out of prison to offer services to assist with reentry services. They just recently received a fast-track grant from the Lewis Clark Valley Healthcare Foundation. They offer mentorship, assistance with getting food stamps, housing funds, etc. They are trying to raise the funds to purchase a house.

Karen Kopf reported there is a network transition with Fitzgerald Psychological Services and they have combined with Valley Medical Center. There was an in-network increase in reimbursement. Optum has historically done Give cold feet the boot, will not be happening this upcoming year. They can offer support to schools who have a clothing closet.

Wendy Norbom with NAMI Idaho reported there is a jail diversion support group. The Woman's prison has started a collaborative program and the details are being sorted out. Youth LGBTQ group has started and Wendy will send out information about the meeting.

- 15. Next BHB Meeting June 15, 2023—a change from 2nd Thursday to 3rd Thursday for this one meeting via zoom. Meetings will be scheduled for 2nd Thursday of each month.
- 16. Meeting Adjourn: