

REGION II
Behavioral Health Board

MONTHLY MEETING MINUTES

August 10, 2023-- 1:30 PM

website: www.riibhb.idahopublichealth.com

Zoom Conference Link: <https://us02web.zoom.us/j/82059254595?pwd=L1UwNFRwMHBYVHpOZU0zN3ZjNFQ0QT09>

1. Roll Call, Welcome, and Introductions

	Dianne Baumann	x	Theresa Graeber-Gimmeson	x	Tammy Lish-Watson	x	Jenny Teigen
x	Don Beck		Shaun Hollace	x	Pam Lopardo	x	Laura Treat
x	Skip Brandt	x	Shaun Hogan	x	Lisa Martin		
x	Sara Bennett		Sharlene Johnson		Shawn McDowell		Ex-Officio
x	Megan Comstock		Beverly Kloepfer	x	Michelle Mendenhall		Theresa Shackelford
	Beverly Fowler	x	Shari Kuther		Summer Overberg		April Christenson
	Chris Goetz	x	Tom Lamar	x	Jim Rehder	x	Rep. Lori McCann

Other Attendees: Caitlin Rusche, Kathy Dawes, Chris Mitchell, Laura Thayer, Wendy Norbom, Jason Kessinger, Karen Kopf, Rachel Sun, Liza Ruys, Mark Hand, Tammy Everson, Sean Waldron, Joyce Lyons, Beth Markely, Kaylie Bednarczyk, Michelle King, Michelle McMenemy, Stephanie Biedman, Jolene Cliff, Josilin Rosario, Norma Jaeger

- 2. Approval of June BHB Minutes (Action Item):** Shari Kuther motion to approve, Jenny Teigen seconded. No discussion. Motion carries.
- 3. Financial report—**Carol/Perri: Jim reported \$12, 505 available funds. When \$1,500 funding request was approved at the meeting today, the remaining balance is \$11,005. No questions about the budget.
- 4. NAMI Prison Onyanga program—**Beth Markley: Beth is the Executive Director of NAMI Idaho. This program started in Kootenai County Drug court and was brought to the prison in Orofino. The program had some grant funding previously. She is hoping to recruit a replacement in order to bring the program to other facilities. The program has been met with success and support. They are exploring options for longer term funding, perhaps collaboration with IDOC.
- 5. NAMI fund request for prison Onyanga program support groups—**Board (Action Item): Initial request was \$4500, and the executive committee recommended \$1500. Tammy Lish-Watson made the motioned to approve, Shari Kuther seconded. No discussion on the motion. Motion passed.
- 6. LCVYRC, Safe Teen Assessment Ctr, Homeless Shelter, Transition Housing update—**Michelle King: Lori McCann reported she was able to sit with the Governor and business leaders and they recognize the

need for Youth crisis centers. Governor Little reported requests from the Behavioral Health Council have been supported and funded historically. Discussed the difficulties in placement for youth who are in need of hospitalization. Jim Rehder discussed the high suicide rate in Idaho and the significant needs in our community. Joyce Lyons reported the support statewide for crisis centers. Currently IDJC has no plans for additional funding for youth crisis centers. Laura Thayer reported youth crisis centers are included in the needs and gaps. She stated the current Region 2 model could be useful in our region. Jenny Tiegen reported the SAMHSA grant has some specific funding options within the youth crisis center. The Northwest Children's Center was the proposed facility for the youth crisis center. Michelle King reported the crisis center funding required partnership with a Safe Teen Assessment center and Michelle reported they are currently very motivated to partner. She discussed the lack of solutions within the area. Michelle discussed the LCVYRC programming.

- 7. Crisis Intervention Team (CIT) Training update**—Laura: Laura reported they hosted 1 CIT training this year, May 9-12, training 12 officers in Lewiston. There are 6 participants going through train the trainer, 3 with the police department, 2 with Health and Welfare and 1 with the crisis center. They are currently working to schedule another training this year.
- 8. Needs and Gaps document finalized**—Sara/Board (**Action Item**): Children's mental health and prevention are completed. Adult mental health and housing have not had meetings recently so they are not completed at this time but both subcommittee chairs said they would get on it to have their Needs and Gaps to Sara by Aug 18. No Board action on approval of Needs and Gaps yet.
- 9. Reg 2 BH resource website development**—Board/Joyce/Laura/Liza: Liza reported crush the curve was the largest resource for information during COVID and they have created a website called Directory of Hope. There are comprehensive resources within Idaho listed. Any provider is able to input their information and submit it to the website.
- 10. Notice of expiring Board terms on Dec 31, App deadline Oct 27**—Board: No expiring terms this year. 6 will expire next year, 8, in 2025 and 9 in 2026.
- 11. Recovery Community Center Latah/Nez Perce Counties**—Shaun/Shaun: Norma Jaeger thanked the Board for the support of the Center. She thanked Lisa Martin, Darrel Keim and Tammy Lish-Watson. She reported in July, Recovery Idaho was asked to assume conservatorship for the First Step 4 Life Center. There are funds available for the Recovery Centers starting mid-August. Efforts are being made to recruit an Executive Director and to build a board of directors in order to get services re-established. Tammy Lish-Watson is currently the liaison for the Lewiston and Orofino Center, they have been able to renew the leases for the facilities. Norma reported the Office of Drug Policy focus on recovery has created a subcommittee to put together a picture of how recovery supports look across the state. Norma requested recovery supports remain present in the needs and gaps report. Norma reports the Recovery center has been set up and is ready for re-opening, with some volunteers. There is an initial group of candidates and initial interviews set up the last week of August. Board members are being explored. Stephanie Biedman discussed the 6 years she dedicated to the board and the support from Lisa Martin and Sara Bennett to get the center transitioned to Recovery Idaho and thanked all for their support.

Shaun Hogan reported Latah Recovery Center on September 9th at East City Park, 11am-3pm, the Recovery Festival will be happening. There will be a band playing, chili cook off and opportunities for tables to be set up.

12. BHB Subcommittee Members, Reports and Board Discussion

--CMH: No report

--ABH: No meeting this past month

--Housing: Michelle King has been working on housing in Clarkston for men and woman. Sojourner's is limited on their housing. UGM is about \$350,000 short on breaking ground. Some of the city buildings are providing water during the heat.

--Prevention: Kaylie reported they are wrapping up PFS grant activities. ODP and Idaho state liquor division are working on a sticker campaign. Idaho Healthy Youth Survey is available this year and they are getting information out to the schools. Youth groups continue to be engaged in prevention and are developing school programs for the upcoming year.

13. Public Input: Norma Jaeger encouraged the board members to become aware and make contacts, as there is no naloxone availability. She encouraged everyone to become aware and involved. Jim encouraged all to reach out to legislators to change their policy back to last year's naloxone distribution process which saved many lives.

14. Next BHB Meeting – September 14, 2023 **IN PERSON at Health and Welfare**; Jim will poll the Board to see who can attend in person and then get the word out for in-person or zoom meeting for September.

15. Meeting Adjourn